

The Aura

The Aura is an energy field that surrounds the human body.

The seven layers of the aura hold different forms of information.

These layers correspond to the chakras.

Unless a person has psychic or highly tuned spiritual abilities the Aura appears invisible to the naked eye.



The 7 layers of the Aura

The **Etheric Body** is the first layer. It has the same structure as the physical body including all the anatomical parts and organs. The web-like structure of the etheric body is in constant motion and to the clairvoyant vision, sparks of bluish-white light move along its energy-lines throughout the entire physical body. It extends from one quarter of an inch to two inches from the physical body.

The **Emotional Body** is the second layer and is associated with feelings. Its structure is more fluid than the etheric and it does not duplicate the physical but instead roughly follows the outline of the physical body. It appears to be coloured clouds of fine substance in continual fluid motion and extends from one inch to three inches from the physical body.

The **Mental Body** is the third layer of your Aura. It extends beyond the emotional body and is composed of still finer substances, all of which are associated with thought and mental processes. This body usually appears as a bright yellow light radiating about the head and shoulders and extending around the whole body. It extends three to eight inches from the physical body.

The **Astral Body** is the fourth layer. It is lacking definite shape and is composed of clouds of colour, more beautiful than those of the emotional body. The Astral body usually has the same set of colours as the emotional body but they are mostly infused with the rose colour of love. This body extends from six to twelve inches from the physical body.

The **Etheric Template Body** is the fifth layer and is so called because it contains all the forms that exist on the physical plane in a 'blueprint' form. It looks rather like the negative of a photograph. It is the blueprint or perfect form for the etheric layer to take and it extends from one and a half to two feet from the physical body.

The **Celestial Body** is the sixth layer of your Aura and is the emotional level of the Spiritual plane. It is the level through which we experience Spiritual ecstasy and can be reached through deep meditation and it extends two to two and a half feet from the physical body.

The **Ketheric Body** or **Causal Body** is the seventh layer. This is the mental level of the Spiritual plane. When we bring our consciousness to this level we know we are at one with the Creator. It extends from two and a half to three and a half feet from the physical body.