

STRUMMING AND PLAYING IN TIME

Play this chord progression. Strum each chord once and count four beats before changing to the next chord. Repeat a few times.

4	D					Em					A7					D				
4																				
count:	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	
strum:	↓					↓					↓					↓				

Try not to stop counting as you change chord. If this happens, start to move your fingers on beat 3 or beat 2 to be ready on the next chord. The most important thing is to begin the next chord on **beat 1**.

When you find this easy, add on another strum:

4	D					Em					A7					D				
4																				
count:	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	
strum:	↓	↓				↓	↓				↓	↓				↓	↓			

Then a third:

4	D					Em					A7					D				
4																				
count:	1	2	3	4		1	2	3	4		1	2	3	4		1	2	3	4	
strum:	↓	↓	↓			↓	↓	↓			↓	↓	↓			↓	↓	↓		

And finally all four. **Remember the most important things are to keep counting and start playing the next chord on beat 1.**

If you find you are slowing down, losing the beat or starting the next chord late either play at a slower tempo (speed) or do one less strum per bar to give your fingers more time to change.

Try this method with any chord progression from a song you know.