

# DISCOVERING SUSSEX

## AUTUMN & WINTER 2018 / 19

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£2



### WELCOME

These walks are fully guided by experienced leaders who have a great love and knowledge of the Sussex countryside. They are freely open to everyone.

The walks take place whatever the weather, but may be shortened by the leader in view of conditions on the day.

There is no need to book. Simply turn up in good time and enjoy. The time in the programme is when the walk starts - not the time you should think about getting your boots on.

There is no fixed charge for any of the local walks, but you may like to contribute £1 to the leader's costs - which will always be gratefully received !

If you're not sure about any of the details in this programme please feel free to contact the appropriate leader a few days in advance.

Grid References (GR.) identify the start point to within 100m. If you're not sure how it works log on to:- <http://www.ordnancesurvey.co.uk/docs/support/guide-to-nationalgrid.pdf>



Public transport to start point



Dogs on lead welcome



Gets a bit hilly



Accompanied children welcome



Toilets near the start



Bring a snack



Bring a picnic lunch



Pub en-route or at finish

### TAKE CARE

Listen to the leader's advice at the start of the walk. Stay between the leader and the back-marker. If you are going to leave the walk for any reason tell someone.

Take care when crossing roads – do not simply follow the person in front of you. It is your responsibility to cross safely.

Look out for barbed wire, potholes and other hazards. All leaders are first-aid trained; that means they basically know how to keep you comfortable until professional help arrives.

In short : act responsibly, take care of yourself and enjoy our programme of walks to the full.

### CONTACTS

Footprints of Sussex (incl Sonia & Judi)  
Per-Rambulations  
Geoffrey Mead

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*Geoffrey offers a series of short urban and country walks with a fascinating insight into the history and geography of the chosen area. Donations to local environmental/historic groups accepted.*

**"Binstead: meadows and lanes"**

**SUNDAY 7th October 10:00am**

3-4 miles / 5-7 km

Meet at Binstead church. GR. SU 984.061

The West Sussex coastal plain of wide skies.

Leader: **Geoffrey Mead**

**"High & Dry"**

**SUNDAY 21st October 10:30am**

6½ miles / 10 km

Meet in the car park at Beggars Bush on the bostal road between Steyning and Sompting.

GR. TQ 162.080

A high level downland walk on well-worn tracks including our own South Downs Way. Not too many ups and downs !

Leaders **Keith & Sally, Footprints**



**"Leonardslee circled"**

**SUNDAY 28th October 10:00am**

7½ miles / 12 km

Meet at Lower Beeding village hall car park, Leechpond Hill, Lower Beeding. GR. TQ 220.265

After many years another chance to walk the first circular walk developed alongside the Sussex Ouse Valley Way.

Leader: **Terry, Per-Rambulations**



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**"Brighton by Lamplight"**

**SUNDAY 4th November 6:00pm**

2 miles / 3.5 km

Meet at entrance to Brighton Museum GR. TQ 313.045

Explore the streets and twittens of the city of Brighton after dark...

Leader: **Geoffrey Mead**

**"Heighton Downland"**

**SUNDAY 18th November 10:00am**

8 miles / 13 km

Meet at the Bo Peep car park just west of Bostal Hill on the South Downs Way. GR. TQ 494.051

A chance to walk some of the lesser known tracks from the heights of the SDW to the downland communities of Norton and Bishopstone.

Leader: **Terry, Per-Rambulations**



**"Bugger Little Bognor"**

**SUNDAY 25th November at 10:00am**

6½ miles / 10 km

Meet at Hesworth Common car park on the A 283 at Fittleworth. GR. TQ 007.193

Heading north through pretty Little Bognor then around the high common to Brinkwells, one time home of Edward Elgar. Just a hint of mud on the way back ?

Leaders **Keith & Sally, Footprints**



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### "Vines & Views"

**SUNDAY 2nd December 10:00am**

9½ miles / 15 km

Meet in car park at Mill Drove adjacent to Tide Mills bus stop on the A259 Newhaven to Seaford road, GR. TQ 463.004

Down to the old tide mills and then along the seafront before climbing Seaford Head. From here we turn inland towards Rathfinney, with its lovely vineyards, and return via Bishopstone. Great views over this varied terrain.

Leader : **Sonia, South Downs Way Walk team member**



### "Wilmington: scarpfoot and mud ! "

**SUNDAY 9th December 10:00am**

3-4 miles / 5-6 km

Meet at Wilmington Priory car park. GR. TQ 544.042

A short winter mud walk to Folkington and back.

Leader: **Geoffrey Mead**

### "Southern Forest & the Vachery"

**SUNDAY 16th December 10:00am**

6 miles / 11 km

Meet at the car park adjacent to the Ashdown Forest Centre, about ½ mile east of the Wych Cross crossroads on the A22. GR. TQ 433.323

A walk that will take us down to the water courses and lost gardens of Chelwood Vachery.

Maybe a mince pie and hot drink at the end ?

Leader: **Terry, Per-Rambulations**



### " Sunset Boulevard, West Chilt "

**SUNDAY 30th December 10:30am**

5½ miles / 9 km

Meet at Storrington Library car park. GR. TQ 088.144

A great winter mix of open, dry countryside and quiet private roads showing some millionaire housing with some seasonal decorations and a surprising history.

Leaders **Keith & Sally, Footprints**



\*\*\* 2019 \*\*\*

### "Tops and Bottoms"

**SUNDAY 6th January 10:00am**

8 miles / 13 km

Meet at the car park at Jack & Jill windmills, 600m east of the A273. GR. TQ 303.134

A walk that explores the ups and downs of the downland above Brighton.

Leader: **Terry, Per-Rambulations**



### "Dallington: High Weald in Winter"

**SUNDAY 13th January 10:00am**

3-4 miles / 5-6 km

Meet at St. Giles church, Dallington Village Street. GR. TQ 658.191

Dense wood...and dense mud.

Leader: **Geoffrey Mead**

### "High Winter Views of The Arun"

**SUNDAY 27th January 10:15am**

6 miles / 9 km

Meet in car park behind the George Inn at Burpham. Take minor road north off A27 just 200m east of Arundel Station. GR. TQ 040.089

This will be the 23<sup>rd</sup> consecutive year of this extraordinary walk. It's classic winter downland - not to be missed (you have only three more chances; we'll stop at year 25).

Leaders **Keith & Sally, Footprints**



### "Wittering On"

**SUNDAY 3rd February 10:00am**

10 miles / 16 km

Meet in East Wittering village centre by junction of Shore Road and Cakeham Road; nearby roadside parking. GR. SZ 795.974

Heading inland across the fields to Itchenor where we'll stop for coffee at the Quarterdeck Café before walking the harbour shoreline to the sand dunes of East Head. Picnic lunch in this delightful spot whilst we wait for the tide to allow us to walk back along the beach. Bring cash for coffee !

Leader: **Judi Darley, Chichester Harbour Conservancy**



### "Shoreham town, riverside and beach"

**SUNDAY 3rd February 10:00am**

3-4 miles / 5-6 km

Meet outside St. Mary de Haura church Shoreham GR. TQ 215.052

Sea level walking, streets and shingle shoreline.

Leader: **Geoffrey Mead**

### "Didling and Back"

**SUNDAY 17th February 10:00am**

8 miles / 13 km

Meet at Harting Down National Trust car park (charge for non-members). GR. SU 790.181

A familiar starting point but a walk this time that ventures off the downs to the villages of Didling and Treyford.

Leader: **Terry, Per-Rambulations**



### "The Golden Daffodils of West Dean"

**SUNDAY 24th February 10:30am**

6 miles / 9 km

Meet in The Hilltop car park on the South Downs Way, 1km south of Cocking. GR. SU 875.166

A steady climb up the SDW before heading south into the West Dean Estate with its famous (hopefully early) display of daffodils. Plenty of ups and downs on this high level wooded walk.

Leaders **Keith & Sally, Footprints**



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### "Pevensy in Spring"

**SUNDAY 3rd March 10:00am**

3-4 miles / 5-6 km

Meet at the car park by Pevensy Castle (pay & display). GR. TQ 645.047

Exploring Pevensy levels with huge skies and wide open spaces ... and a castle.

Leader: **Geoffrey Mead**

### "Springtime in Slindon"

**SUNDAY 24th March 10:00am**

8 miles / 13 km

Meet at the car park off Dukes Road in Fontwell (BN18 0SP) GR. SU 951.072

Exploring the delights of springtime in and around the village and estate of Slindon.

Leader: **Terry, Per-Rambulations**



### "Will the last person to leave Britain....."

**SUNDAY 31st March 9:45am**

7 miles / 11 km

Meet in Lower Place North car park in Newhaven town centre. GR. TQ 445.015

Join us at Newhaven Port and watch the last ferry leave for France as we cut our ties with Europe.

There will be a few ups and downs (literally and metaphorically) as we follow the coastal path to

Peacehaven before turning inland to Piddinghoe and walking back along the riverside.

Leaders **Keith & Sally, Footprints**



## DIARY NOTE :

SUNDAY 12 MAY 2019

2:30 - 5:30 pm

### **An afternoon at Daylands Farm.**

Join us for a rare opportunity to enjoy a guided tour of this working farm with owner Derek Crush.

Derek will be known to many who shop at local Farmers Markets, but his knowledge of countryside matters is truly amazing and he'll be discussing everything from why wild animals eat herbs to telling the age of a hedgerow, as we take a gentle 2 hour stroll around the farm.

The tour will be followed by a traditional Sussex Cream tea at the farmhouse prepared by Derek's daughter Louise.

The cost of the afternoon is just £12 per person and will be limited to 30 guests.