

# DISCOVERING SUSSEX

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## SUMMER 2020



### WELCOME

These walks are fully guided by experienced leaders who have a great love and knowledge of the Sussex countryside. There is no 'club' or membership and they are freely open to everyone.

The walks take place whatever the weather, but may be shortened by the leader in view of conditions on the day.

There is no need to book. Simply turn up in good time and enjoy. The time in the programme is when the walk starts - not the time you should think about getting your boots on.

There is no fixed charge for any of the local walks, but you may like to contribute £1 to the leader's costs - which will always be gratefully received !

If you're not sure about any of the details in this programme please feel free to contact the appropriate leader a few days in advance.

Grid References (GR.) identify the start point to within 100m. If you're not sure how it works log on to:-  
<http://www.ordnancesurvey.co.uk/docs/support/guide-to-nationalgrid.pdf>



Public transport  
to start point



Dogs on  
lead welcome



Gets a  
bit hilly



Accompanied  
children welcome



Toilets on  
the walk



Bring a  
snack



Bring a  
picnic lunch



Pub en-route  
or at finish

### TAKE CARE

Listen to the leader's advice at the start of the walk. Stay between the leader and the back-marker. If you are going to leave the walk for any reason tell someone.

Take care when crossing roads – do not simply follow the person in front of you. It is your responsibility to cross safely.

Look out for barbed wire, potholes and other hazards. All leaders have some knowledge of first-aid; that means they basically know how to keep you comfortable until professional help arrives.

In short : act responsibly, take care of yourself and enjoy our programme of walks to the full.

### CONTACTS

Footprints of Sussex (incl SDW Team Members)

: info@footprintsofsussex.co.uk

Geoffrey Mead

: g.mead@sussex.ac.uk

*Geoffrey offers a series of short urban and country walks with a fascinating insight into the history and geography of the chosen area. Donations to local environmental/historic groups accepted.*

## APRIL

### "Easter Egg Scramble"

**SUNDAY 12th April 10:30am**

5 miles / 8 km

Meet at the Chantry Post car park south of Storrington .

GR. TQ 087.119

A fairly easy family walk on top of the downs followed by some silly games with Easter eggs. Children of all ages welcome ...

Leaders: **Keith & Sally, Footprints**



### "The little great folly walk"

**SUNDAY 19th April 10:00am**

8 miles / 13 km

Meet at Eartham Woods car park 1 km north of Eartham Village.

GR. SU 939.107

A varied, up and down sort of walk on the dip slope of the South Downs with a visit to the bizarre Countess of Newburgh's folly and hopefully some early Spring flowers.

Leader: **Shirley, South Downs Way Walk team member.**



### "Shoreham, riverside and coast"

**SUNDAY 19th April 10:00am**

3 miles / 5 km

Meet at the *Ropetackle* Arts Centre, Shoreham, BN43 5EG. GR. TQ 214.051

A stroll along the new Adur flood defences and beach

Leader: **Geoffrey Mead**

## MAY

### "Black Rock cliffs and Brighton Marina"

**SUNDAY 3rd May 10:00am**

3 miles / 5 km

Meet at the entrance to ASDA supermarket, BN2 5UT. GR. TQ 336.033

The oldest and most recent aspects of the city landscape

Leader: **Geoffrey Mead**

### "A Taste of the South Downs Way"

**SUNDAY 3rd May 10:30am**

7 miles / 11 km

Meet at Bignor Hill car park 2 kms south-west of Bignor Village. GR. SU 973.129

A classic walk following the South Downs Way eastwards and returning via Gumber and the Monarch's Way. A great opportunity for those doing this year's Annual Walk to meet some of their fellow walkers – and some of our hardy 'regulars'!

Leaders: **Keith & Sally, Footprints**



## "Seven\* Deans Stroll"

**SUNDAY 24th May 10:00am**

9½ miles / 15 km

Meet at Falmer Road (B2123) car park – next to Woodingdean Business Park. GR. TQ 356.064  
Heading south via Castle Hill Nature Reserve to Rottingdean, past Saltdean, for a lunch stop on  
the green. Then through Kipling Gardens to Ovingdean and Roedean and past Bevendean Farm  
to the car park. This is sheep and cattle country with great open views. \* Not forgetting Balsdean !  
Leader: **Sonia and Pete, South Downs Way Walk team members.**



(train)



## JUNE

### "Henfield: lanes and woods"

**SUNDAY 14th June 6:00pm**

4 miles / 6 km

Meet in the Henfield Museum car park. GR. TQ. 216.161

A summer evening stroll through the lanes and footpaths east of Henfield.

Leader: **Geoffrey Mead**

### "A Steyning Classic"

**SUNDAY 21st June 10:00am**

6½ miles / 10 km

Meet at Beggars Bush car park on the downland bostal road between Steyning and Sompting.  
GR. TQ 162.080

A high level walk, with no steep climbs, over the downs between Cissbury and Steyning Bowl.

Leaders: **Keith & Sally, Footprints**

*This walk is part of this year's Steyning Walks Festival and we are asking for a £2 contribution towards the cost of running the festival*



## JULY

### "Warminghurst: U.S.A. links to a Sussex village"

**SATURDAY 4th July 6:00pm**

3 miles / 5 km

Meet at Warminghurst church. GR. TQ 118.169

On U.S. Independence Day we stroll through the gentle rural landscape around Warminghurst.

Leader: **Geoffrey Mead**

### "The hidden River Storr"

**SUNDAY 19th July 10:30am**

6½ miles / 10 km

Meet at Pulborough Village car park; turn off the High Street at The Oddfellows pub. GR. TQ  
053.185

Out through Marehill to join the Literary Trail and then south across the golf course to the mighty  
River Storr with its raging, hidden waterfall. Return past the delightful wildbrook church at  
Wiggonholt and then following the River Arun back to Pulborough.

Leaders: **Keith & Sally, Footprints**



## AUGUST

### "Sussex University boundary walk"

**SUNDAY 2nd August 6:00pm**

3 miles / 5 km

Meet at the University Sports Centre car park near A27. GR. TQ.345.088

An evening walk on the edge of the National Park

Leader: **Geoffrey Mead**

### "The views Ravilious raved over – reversed "

**SUNDAY 9th August 10:00am**

9½ miles / 15 km *(option of 7 mile short cut)*

Meet at Glynde village car park – just past train station. GR. TQ 457.089

A steady climb out of Glynde, with views of the cottage where Ravilious stayed and painted, to reach the South Downs Way near Beddingham aeries with some great views. Then down to Firle village and through the park back to Glynde before looping over the top of Caburn.

Leader: **Sonia and Pete, South Downs Way Walk team members.**



(train)



### "The Valley"

**SUNDAY 23rd August 09:45am**

5 miles / 8 km

Meet at the swimming pool car park off The Causeway in Arundel. GR. TQ 020.069

This is a classic walk up to Houghton Bridge which we first did over twenty years ago - and it's as good as it was then. Lovely pub and tearooms at the end for a half hour break before catching the train back to Arundel. (Train fare is approx £2.80)

Leaders: **Keith & Sally, Footprints**



### "Thorney Island"

**SUNDAY 30th August 10:00am**

7 miles / 11 km

Meet at Paynes Boatyard, Thornham Lane, Thorney Road, Thorney Island, PO10 8DD.

GR. SU 762.046 *Free parking by kind permission of the boatyard owner.*

At the very western edge of West Sussex, join us for this shoreline walk of Thorney Island situated within Chichester Harbour Area of Outstanding Natural Beauty.

Please bring elevenses and packed lunch. Finish around 2pm.

Leader: **Judi Darley, Chichester Harbour Conservancy**



## SEPTEMBER

### "Sweet Hill: Brighton's lost suburb"

**SUNDAY 6th September 10:00am**

3 miles / 5 km

Meet at the Waterhall sports ground car park. GR. TQ.289.088

Exploring the little known area of Brighton

Leader: **Geoffrey Mead**

### "Wines and Vines"

**SATURDAY 12th September 10:30am**

5½ miles / 9.5 km

Meet in the car park at the northern end of Petworth Park. 1 mile N. town centre. GR. SU 966.239

Through deer old Petworth Park to pretty Upperton and across the chestnut-wooded common to Salmonbridge. Returning via Eel Bridge to Upperton Vineyard where we have arranged a short talk and tasting\* of their sparkling wines on the patio overlooking the South Downs. Pure delight.

Leaders: **Keith & Sally, Footprints**



*(\*there is a charge of £7 for the tasting, which is an integral part of this walk)*

### "Dean, Down, Droke"

**SUNDAY 20th September 10:00am**

8½ miles / 13 km

Meet at car park on Selhurst Park Road, off A285, 1 km west of St. Marys Farm. GR SU 927.118.

A circular woodland walk through Droke and over Oxen Down to the South Downs Way; returning through East Dean village and over Chisel Down. A lovely up and down autumn walk.

Leader: **Steve, South Downs Way Walk team member.**

