

# DISCOVERING SUSSEX

## SPRING / SUMMER 2018

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£2



### WELCOME

These walks are fully guided by experienced leaders who have a great love and knowledge of the Sussex countryside. They are freely open to everyone.

The walks take place whatever the weather, but may be shortened by the leader in view of conditions on the day.

There is no need to book. Simply turn up in good time and enjoy. The time in the programme is when the walk starts - not the time you should think about getting your boots on.


There is no fixed charge for any of the local walks, but you may like to contribute £1 to the leader's costs - which will always be gratefully received !

If you're not sure about any of the details in this programme please feel free to contact the appropriate leader a few days in advance.

Grid References (GR.) identify the start point to within 100m. If you're not sure how it works log on to:- <http://www.ordnancesurvey.co.uk/docs/support/guide-to-nationalgrid.pdf>


  
Public transport  
to start point

  
Dogs on  
lead welcome

  
Gets a  
bit hilly

  
Accompanied  
children welcome

  
Toilets near  
the start

  
Bring a  
snack

  
Bring a  
picnic lunch

  
Pub en-route  
or at finish

### TAKE CARE

Listen to the leader's advice at the start of the walk. Stay between the leader and the back-marker. If you are going to leave the walk for any reason tell someone.

Take care when crossing roads – do not simply follow the person in front of you. It is your responsibility to cross safely.

Look out for barbed wire, potholes and other hazards. All leaders are first-aid trained; that means they basically know how to keep you comfortable until professional help arrives.

In short : act responsibly, take care of yourself and enjoy our programme of walks to the full.

### CONTACTS

Footprints of Sussex (incl Sonia & Judi)  
Per-Rambulations  
Geoffrey Mead

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*Geoffrey offers a series of short urban and country walks with a fascinating insight into the history and geography of the chosen area. Donations to local environmental/historic groups accepted*

### "Port Salada"

**SUNDAY 1<sup>st</sup> April 10:00am**

Meet at Portslade Station in Portland Road. GR. TQ 265.056

A linear walk following the harbourside to Southwick, and then returning by bus.

*A Brighton Festival Fringe walk.*

Leader: **Geoffrey Mead**

### "Spring Flowers"

**SUNDAY 8<sup>th</sup> April 10:30am**

7 miles / 11 km

Meet at Lavington Common car park, west of the A285 GR. SU 949.187

A spring walk through Lavington Stud with maybe a glimpse of the new foals then some delightful spring flowers as we follow the Literary Trail onto the Serpent Trail back through Burton Park.

Leaders: **Keith & Sally, Footprints**



### "Glorious Spring-Time Goodwood"

**SUNDAY 22<sup>nd</sup> April 10:00am**

9 miles / 14.5 km

Meet at Counters Gate car park, Goodwood Country Park GR. SU 897.114

An undulating walk taking in East Dean, the Drovers Estate, Singleton and Charlton experiencing the coming of spring to the full?

Leader: **Terry, Per-Rambulations**



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### "Another Walk in the Woods"

**SUNDAY 6<sup>th</sup> May 10:00am**

9 miles / 14.5 km

Meet at Nymans (N.T.) car park, Handcross. GR. TQ 263.296

Spring is here and the woods will be at their best. This walk is one of your leader's favourites.

Leader: **Terry, Per-Rambulations**



### "Patcham, then and now"

**SUNDAY 6<sup>th</sup> May 10:00am**

Meet at Patcham Co-op Store, Old London Rd. GR. TQ 303.087

A walk through Patcham, village and suburbs showing how old field boundaries dictate 20<sup>th</sup> century suburbs.

Leader: **Geoffrey Mead**

### "Bluebells & Bramble liqueur"

**SUNDAY 13<sup>th</sup> May 10:00am**

5½ miles / 9 km

Meet at Lurgashall village hall car park. GR. SU 937.269

Rolling farm country in the northwest corner of Sussex with a chance of some late bluebells and a taste of bramble liqueur!

Leaders: **Keith & Sally, Footprints**



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### **“Osprey Trail and Michelham Priory”**

**SUNDAY 3<sup>rd</sup> June 10:00am**

7½ miles / 12 km

Meet at Arlington Reservoir car park (charges apply but limited alternative parking on side of road outside of car park), 800m. north of Berwick Station and 1½ miles north of junction with A27. GR. TQ 528.074

A walk in the Cuckmere valley from the Arlington Reservoir Nature Reserve following the Wealdway to Michelham Priory. Returning through the village of Arlington.

Leader: **Terry, Per-Rambulations**



### **“The Elegant City”**

**SUNDAY 3<sup>rd</sup> June 10:00am**

Meet at Norfolk Square bus stop, Brighton. GR. TQ 301.043

Walking the urban lanes, twittens and elegant squares of this surprising city.

Leader: **Geoffrey Mead**

### **“Oh Rother !”**

**SUNDAY 24<sup>th</sup> June 10:00am**

6¼ miles / 10 km

Meet at North Street car park, Midhurst. GR. SU 887.218

A delightful mid-summer walk following the River Rother upstream out of Midhurst then doubling back across the common and through part of the old town.

Leaders: **Keith & Sally, Footprints**



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### **“Newtimber and Wolstonbury Hills”**

**SUNDAY 1<sup>st</sup> July 10:00am**

6½ miles / 10.5 km

Meet at Wayfield Farm, London Road, Pyecombe, BN45 7ED. GR. TQ 285.127. Please park sensibly and where directed.

We visit two of the best downland hills NOT on the South Downs Way.

Enjoy the delights of the farm shop cafe afterwards maybe?

Leader: **Terry, Per-Rambulations**



### **“The secrets of Newhaven Castle”**

**SUNDAY 1<sup>st</sup> July 6:00pm**

Meet at Newhaven Fort top car park GR. TQ 447.002

Explore the cliff top reserve and expect to be surprised!

Leader: **Geoffrey Mead**

### **“Our links with the U.S.A.”**

**WEDNESDAY 4<sup>th</sup> July 6:00pm**

Meet at Warminghurst church. GR. TQ 117.169

An Independence Day walk exploring the links between a Sussex village and the U.S.A. as we pass pinewoods, arable and grassland on this summer evening stroll.

Leader: **Geoffrey Mead**

### "Six of the Best"

**SUNDAY 8<sup>th</sup> July 10:00am**

11 miles / 17.5 km

Meet in the visitor's car park at the entrance to Chichester Marina – free parking. GR. SU835.010  
A level walk through six of the Chichester Harbour Villages, along shoreline and through countryside, including a ferry ride and a break in Bosham.

Please bring £2 in change to pay the ferryman and a packed lunch. Toilets available along the way but not at the meeting point. Some walking on tidal shoreline may be soggy. Dogs welcome on leads. Please bring a packed lunch and drink.

Leader: **Judi Darley, South Downs Way Walk Team**



### "Adur – Arun's little sister ?"

**SUNDAY 29<sup>th</sup> July 10:00am**

6½ miles / 10 km

Meet at Mock Bridge car park on A2037 north of Henfield. GR. TQ 213.179

Exploring the eastern arm of the River Adur – an often forgotten and surprisingly pretty stretch of river between Cowfold & Henfield.

Leaders: **Keith & Sally, Footprints**



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### "The Barcombes and the Ouse"

**SUNDAY 5<sup>th</sup> August 10:00am**

8 miles / 13 km

Meet at the car park at Barcombe Mills, about ¾ mile west of the A26 at Clayhill

GR. TQ 435.146

Another walk along the Ouse valley around the Barcombes. We will also visit Isfield lock to catch up on restoration progress.

Leader: **Terry, Per-Rambulations**



### "An evening stroll with Geoffrey"

**SUNDAY 5<sup>th</sup> August 6:00pm**

Meet at Henfield Museum car park, just off High Street. GR. TQ 216.160

An evening stroll around the lanes and woodlands east of this lovely old town.

Leader: **Geoffrey Mead**

### "Up the South Downs with Sonia"

**SUNDAY 12<sup>th</sup> August at 10:00am**

8½ miles / 13.5 km

Meet at the National Trust car park on Beeding Hill, only accessible from the south; from the Old Shoreham Road follow the signed road up towards Mill Hill for 2 miles. GR. TQ 214.059

We will walk eastwards along the South Downs Way then down the escarpment to the Shepherd and Dog pub at Fulking. We come back via Longlands Wood and Tottington Wood then climbing gently back to the start. Nice views.

Leader: **Sonia, South Downs Way Walk Team**



## "A Crush on You"

**SUNDAY 19<sup>th</sup> August 10:00am**

6 miles / 9.5 km

Meet at the Ashington Community Centre car park, Foster Lane. GR. TQ 128.159

A walk through the ancient woodland and rolling farms of the Low Weald with a visit to Daylands Farm - a name many will recognise from their shopping at farmer's markets. Can be a trifle muddy in wet weather.

Leaders: **Keith & Sally, Footprints**



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## "On and Offham"

**SUNDAY 9<sup>th</sup> September 10:00am**

7 miles / 11.5 km

Meet at Phoenix Causeway car park in Lewes, next to Harvey's Brewery

GR. TQ 421.104

A walk along the banks of the Ouse then a steady ascent onto the Downs above Lewes to the heights of Blackcap. Finishing with a short walk through the twittens of the ancient town.

Leader: **Terry, Per-Rambulations**



## "Grapes 'n' Groves"

**SUNDAY 16<sup>th</sup> September 10:00am**

6½ miles / 10 km

Meet at Petworth Park northern car park (NT) GR. SU 966.239

One of our favourite autumn walks taking in the deer park, the chestnut groves and the Rother Valley vineyards with their stunning views of the South Downs. A must-do walk for September.

Leaders: **Keith & Sally, Footprints**



## "A Sussex waterfall"

**SUNDAY 23<sup>rd</sup> September 10:00am**

Meet at Burgess Hill football club car park. GR. TQ 317.283

Through meadows, lanes and the ancient woods of Bedelands to a waterfall.

Leader: **Geoffrey Mead**