

Organising a RIDL Closing Meeting agenda

Prayer focus by XX

AA - welcome and opening prayer

Stilling exercise by BB

Examen – CC to explain we are now offering them another prayer form, which will help them to take their prayer/retreat experience forward into their lives. The Examen is a prayer of review. It helps us to develop our awareness of the presence of God in our everyday lives. It's usually used on a daily basis to review the day we've just been through. But to demonstrate it, going to use it to review the retreat.

Live presentation of Examen of the retreat.

DD – now want to give you a chance to share what you have gained from this retreat, but not everyone likes to share into a group, so going to ask you to turn to person next to you, and listen to what they have to say, and share whatever you want to about your own experience.

A pause whilst that happens

Suggestions now

- i) you can invite people to share into the big group what their experience has been. But from the floor, not going around the circle.
- ii) Or you can use a ceremony in which you invite each person to place a lighted candle, or just a pebble (either of which you have arranged to be there available) and to say a word or a sentence, as they place their item into the central area, that speaks what they have received.
- iii) Or some other process that you wish to use, to bring a closing.

What's Next? – AA give out Continuing Prayer leaflet that outlines the Examen, and contains some Next Steps ideas – go through them.

End prayer, by EE