

Online resources and Bibliography on Affective Maturity & Formation for Celibacy. (Kevin O'Rourke SJ).

ONLINE RESOURCES. ST LUKE INSTITUTE.

St Luke Institute offer a **two-week free trial** with access to all their **online material**, which is excellent.

Go to <sliconnect.org/subscribe> to access Free Trial;
When they send you a password, log in and go to My Courses;
This gives access to all their 'webinars' etc for two weeks, listed in alphabetical order.

ON PORNOGRAPHY.

www.integrityrestored.com

Very informative.

<http://yourbrainonporn.com/what-does-withdrawal-from-porn-look-like>

<http://yourbrainonporn.com/your-brain-on-porn-series>

<http://www.youtube.com/watch?v=1Ya67aLaaCc&feature=youtu.be> "The science of pornography addiction". Short & informative. Same scientific description as many that are much longer. Just over **3 minutes**. Recommended.

Porn On The Brain (New Zealand TV programme)

Published on 26 Oct 2015

What impact is high-speed internet porn having on young people who grow up using it?

What are the potential negative effects? 3D New Zealand investigated this topic.

https://youtu.be/3iWY_Q3pqI