

Resources for Manresa Link workshop – 15th September 2018
“Intimacy, Boundaries, Skills, Healthy Relationships”
Fr Kevin O'Rourke S.J.

Handouts

1. List of resources for this workshop
2. Skills for celibate living (Falkenhain)
3. Ten elements that support Celibacy. (Sipe)
4. Skills for celibacy (Pable)
5. Chastity case Studies
6. Boundaries in relationships.
7. Eight types of intimacy
8. Three approaches to affective maturity.
9. Can Friendship be dangerous?
10. The Invitation
11. The prayer of a priest on a Sunday night.

Priority Reading

1. Sexuality and Intimacy. Your sexual story. (Luisa Safiotti).
2. Israel's spirituality of sex.
3. Questions for reflection. Safiotti.
4. Seven ways of dealing with sexual feelings. (one page from Krenik's book)
5. Lessons from John Jay Report (Monica Applewhite).
6. Tell God the truth about our sexuality (Bill Barry S.J.)
7. Cybersex Addiction. Excellent short (two-page) article on addiction to pornography.
8. Intimacy and Healthy Affective Maturity (McClone).
9. The slow work of God.
10. Book (scanned) *Formation for Priestly Celibacy* (Fr Thomas Krenik).

Power Point

1. Affectivity overview.
2. Neuroscience and Pornography

Other Resources

1. Reading list & online resources for affective maturity.
2. Booklet: Your Brain on Porn.
3. Sexuality, Intimacy and Celibacy - Chapter from book *Sex, Priestly Ministry and the Church* by Len Sperry
4. Boundaries in Ministry (Fortune)
5. Healthy Sexuality Model. (Fiberg & Laaser).
6. Boundaries Guidelines.