

## **Introduction**

This list of recommended reading and resources for clients and for Collaborative Practitioners was drawn together from many sources. These are books that we have read ourselves, our clients have read and brought to our attention, or have been recommended to us by other Collaborative Practitioners, who have graciously shared their own reading lists and individual recommendations so that we all benefit from this shared knowledge.

The following list does not include every bit of information about Collaborative Practice and related areas that may prove helpful to clients and practitioners. New material is being generated every day so make sure to update your own list, to keep an eye out for recent publications, and keep track of resources that you have found helpful.

As you review this list you may note the absence of important resources and seminal works. These absences are not intentional and are the result of an oversight, scrivener's error, not knowing about the work, and a desire to complete this project so that it becomes available for reference by others. Amends are offered in advance for such occurrences.

This list is another validation of the idea that "it takes a Village". This list is a reflection of the Collaborative Community and its willingness to work together for the common collaborative good, covering both the public and the professional Collaborative Community.

While many emails went into putting this list together, special mention is made of Elizabeth Bach-Van Valkenburgh of Solon, OH (<http://threecirclesllc.com/index.html>), Forrest "Woody" Mosten of Los Angeles, CA (<http://www.mostenmediation.com/>), and Ron M. Supancic of The Law Collaborative (<http://www.thelawcollaborative.com/>), who granted permission for the liberal use of their own book lists.

Kevin R. Scudder  
Collaborative Attorney and Mediator  
Seattle, WA  
April, 2013

## **Books for Children**

- At Daddy's on Saturday Girard, Linda
- Book for Jordan Newfield, Marcia
- But... What About Me!: How It Feels To Be a Kid In Divorce Doss, Bonnie
- Confessions of a Divorced Kid Sullivan, Steve
- Dinosaurs Divorce: A Guide for Changing Families Brown, Marc; Brown; Laurie Krasney
- Divorce Happens to the Nicest Kids: A Self-Help Book for Kids Prokop, Michael
- Divorce Is Not the End of the World : Zoe's And Evan's Coping Guide for Kids Stern, Zoe; Stern, Evan
- Don't Make Me Smile Park, Barbara
- Double-Dip Feelings: Stories to Help Children Understand Emotions Cain, Barbara
- Heather Has Two Mommies Newman, Lesléa; Souza, Diana
- Help! A Girl's Guide to Divorce and Stepfamilies Holyoke, Nancy
- How it Feels when Parents Divorce Krementz, Jill
- I Don't Want to Talk About It Ransom, Jeanie Franz
- I Live with Daddy Vigna, Judith
- It's Not the End of the World Blume, Judy
- It's Not Your Fault, Koko Bear Lansky, Vicki
- Jennifer Has Two Daddies Galloway, Priscilla; Auml, Ana
- Kids are Nondivorceable Bonkowski, Sara

- Kids' Divorce Workbook : A Practical Guide That Helps Kids Understand Divorce Happens to the Nicest Kids Prokop, Michael
- Let's Talk about It: Divorce Rogers, Fred
- Mama and Daddy Bear's Divorce Spelman, Cornelia Maude
- Megan's Two Houses: A Story of Adjustment Jong, Erica
- Mom and Dad Don't Live Together Anymore Stinson, Kathy
- My Dad Is Getting Married Again Schab, Lisa
- My Family's Changing Thomas, Pat
- My Mom and Dad Are Getting a Divorce Bienenfeld, Florence
- My Parents Still Love Me Even Though They're Getting Divorced Nightingale, Lois
- Teens are Non-Divorceable Bonkowski, Sara
- The Dinosaur's Divorce Brown, Marc; Brown; Laurie Krasney
- The Divorce Helpbook for Teens MacGregor, Cynthia
- The Formerly Great Alexander Family Shreve, Susan
- The Suitcase Kid Ireland, Vicky; Wilson, Jacqueline
- The Way They Were: Dealing with Your Parents' Divorce After a Lifetime of Marriage Foster, Brooke Lea
- To the Green Mountains Cameron, Eleanor
- Two Homes Masurel, Claire
- Was it the Chocolate Pudding: A Story For Little Kids About Divorce Levins, Sandra
- What in the World Do You Do When Your Parents Divorce? A Survival

- Guide for Kids  
Winchester, Kent; Beyer, Roberta
- What's Best for You  
Angell, Judie
- When Mom and Dad Separate:  
Children Can Learn to Cope with  
Grief from Divorce  
Heegaard, Marge
- When Nothing Matters Anymore:  
A Survival Guide for Depressed Teens  
Cobain, Bev
- When Your Parents Split Up...How to  
Keep Yourself Together  
Swan-Jackson, Alys
- Why Are We Getting A Divorce?  
Mayle, Peter

### **Books for Adults**

- A New Earth: Awakening to Your  
Life's Purpose  
Tolle, Eckhart
- Between Love and Hate: A Guide to  
Civilized Divorce  
Gold, Lois
- BIFF: Quick Responses to High  
Conflict People  
Eddy, Bill
- Boundaries: When to Say Yes, When to  
Say No  
Cloud, Henry; Townsend, John
- Calm in the Face of the Storm:  
Spiritual Daily Practice for the Peacemaker  
Waller Burnett, Nan
- Child Custody: Building Parenting  
Agreements That Work  
Lyster, Mimi E.
- Collaborative Divorce - The Revolutionary  
New Way to Restructure Your Family, Resolve  
Legal Issues, and Move on with Your Life  
Tesler, Pauline; Thompson, Peggy
- Coming Apart: Why Relationships End,  
and How to Work Through the Ending  
of Yours  
Kingma, Daphne Rose
- Cooperative Parenting and Divorce:  
A Parent Guide to Effective Co-Parenting  
Boyan, Susan B.; Termini, Ann Marie

- Crazy Time: Surviving Divorce and Building a New Life  
Trafford, Abigail
- Creating True Peace: Ending Violence in Yourself, Your Family, Your Community, and the World  
Thich Nhat Hanh
- Cutting Loose: Why Women Who End Their Marriages Do So Well  
Applewhite, Ashton
- Dear Judge: Children's Letters to the Judge  
Hardwick, Charlotte
- Difficult Conversations: How to Discuss what Matters Most  
Stone, Douglas; Patton, Bruce; Heen, Sheila; Fisher, Roger
- Divorce and Money: Everything You Need to Know  
Smith, Gayle Rosenwald
- Divorce for Dummies  
Ventura, John; Reed, Mary
- Divorce Without Court: A Guide to Mediation & Collaborative Divorce  
Stoner, Katherine
- Divorce: A Problem to be Solved, Not a Battle to be Fought  
Fagerstrom, Karen; Kalish, Milton; Nurse, A. Rodney; Ross, Nancy; Thompson, Peggy; Wilde, Diana; Wolfrun, Thomas
- Eat Pray Love: One Woman's Search for Everything Across Italy, India and Indonesia  
Gilbert, Elizabeth
- For Better or For Worse: Divorce Reconsidered  
Hetherington, E. Mavis; Kelly, John
- Gay and Lesbian Parents  
Bozett, Frederick W.
- Getting Divorced Without Ruining Your Life: A Reasoned, Practical Guide to the Legal, Emotional and Financial Ins and Outs of Negotiating a Divorce Settlement  
Margulies, Sam
- Getting Past No  
Ury, William
- Getting to Yes: Negotiating Agreement Without Giving In  
Fisher, Roger; Ury, William

- Graceful Divorce Solutions: A Comprehensive and Proactive Guide to Saving You Time, Money and Your Sanity Jones, M. Marcy
- Healing Rage: Women Making Inner Peace Possible King, Ruth
- How to Avoid the Divorce from Hell: (and dance together at your daughter's wedding) Talia, M. Sue
- Lies at the Altar: The Truth About Great Marriages Smith, Robin
- Making Divorce Work: 8 Essential Keys to Resolving Conflict and Rebuilding Your Life Mercer, Diana; Wennechuk, Katie Jane
- Marriage: Dead or Alive Guggenbuhl-Craig, Adolph
- Men Are from Mars, Women Are from Venus: The Classic Guide to Understanding the Opposite Sex Gray, John
- My Stroke of Insight: A Brain Scientist's Personal Journey Taylor, Jill Bolte
- No Opportunity Wasted: Creating a Life List Keoghan, Phil
- Nonviolent Communication: A Language of Life Rosenberg, Marshall
- On Your Own Again: The Down-to-Earth Guide to Getting Through a Divorce or Separation and Getting on With Your Life Anderson, Keith; Macskimming, Roy
- Peace Is the Way: Bringing War and Violence to an End Chopra, Deepak
- Positive Energy: 10 Extraordinary Prescriptions for Transforming Fatigue, Stress, and Fear into Vibrance, Strength and Love Orloff, Judith
- Prenup for Lovers: A Romantic Guide to Prenuptial Agreements Dubin, Arlene
- Spiritual Divorce: Divorce As a Catalyst for an Extraordinary Life Ford, Debbie

- Splitting, Protecting Yourself While Divorcing a Borderline or Narcissist Eddy, William
- Stop Walking on Eggshells: Taking Your Life Back When Someone You Care About Has Borderline Personality Disorder Mason, Paul; Kreger, Randi
- Taking the War Out of Our Words: The Art of Powerful Non-Defensive Communication Ellison, Sharon
- The Anatomy of Peace: Resolving the Heart of Conflict The Arbinger Institute
- The Art of Waking People Up: Cultivating Awareness and Authenticity at Work Cloke, Kenneth; Goldsmith, Joan
- The Book of Awesome Pasricha, Neil
- The Collaborative Way to Divorce: The Revolutionary Method That Results in Less Stress, Lower Costs, and Happier Kids -- Without Going to Court Webb, Stuart; Ousky, Ronald
- The Crossroads of Conflict: A Journey Into the Heart of Dispute Cloke, Kenneth
- The Dance of Connection: How to Talk to Someone When You're Mad, Hurt, Scared, Frustrated, Insulted, Betrayed, or Desperate Lerner, Harriet
- The Dark Side of the Light Chasers Ford, Debbie
- The Good Marriage: How and Why Love Lasts Wallerstein, Judith; Blakeslee, Sandra
- The Power of Now: A Guide to Spiritual Enlightenment Tolle, Eckhart
- The Presence Process: A Healing Journey into Present Moment Awareness Brown, Michael

- The Price of Motherhood: Why the Most Important Job in the World is Still the Least Valued  
Crittenden, Ann
- The Secret of the Shadow: The Power of Owning Your Story  
Ford, Debbie
- The Tao of Negotiation: How you can Prevent, Resolve, and Transcend Conflict in Work and Everyday Life  
Edelman, Joel; Crane, Mary Beth
- The Translucent Revolution: How People Just Like You Are Waking Up and Changing the World  
Ardagh, Arjuna
- The Verbally Abusive Relationship: How to recognize it and how to respond  
Evans, Patricia
- Transitions: Making Sense of Life's Changes  
Bridges, William
- We're Still Family: What Grown Children Have to Say About Their Parents' Divorce  
Ahrons, Constance
- What Color Is Your Parachute? A Practical Guide for Job-Hunters and Career-Changers  
Bolles, Richard
- When Things Fall Apart: Heart Advice for Difficult Times  
Chodron, Pema
- Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life  
Kabat-Zinn, Jon
- With These Rings, Volume 1: A New Look at Marriage  
Frueh, Stephen
- Witty Words From Wise Women  
Gallagher, B.J.
- You Can Get Over Divorce  
Hudson, Pat
- Your Personal Guide to a . . . . Successful Collaborative Divorce  
August, J Max and Diane

## **Books for Parents**

- "Does Wednesday Mean Mom's House or Dad's?": Parenting Together While Living Apart  
Ackerman, Marc
- Always Kiss Me Goodnight: Instructions on Raising the Perfect Parent by 147 Kids Who Know  
Salt, J.S.
- Beyond the Best Interests of the Child  
Goldstein, J., Freud, A., & Solnit, Albert J.
- Difficult Questions Kids Ask [and are too afraid to ask] About Divorce.  
Schneider, Meg F.; Zuckerberg, Joan Ph.D.
- Divorce Poison: Protecting the Parent-Child Bond from a Vindictive Ex  
Warshak, Richard
- Explaining Divorce to Children  
Grollman, Earl
- Families Apart: Ten Keys to Successful Co-Parenting  
Blau, Melinda
- Healing Hearts: Helping Children and Adults Recover from Divorce  
Hickey, Elizabeth; Dalton, Elizabeth
- Healthy Divorce: For Parents and Children --An Original, Clinically Proven Program for Working Through the Fourteen Stages of Separation, Divorce and Remarriage  
Everett, Craig; Everett, Sandra Volgy
- Helping Children Cope with Divorce  
Teyber, Edward
- Helping Children Cope with Separation and Loss  
Jewett Jarratt, Claudia
- Helping Your Kids Cope with Divorce the Sandcastles Way  
Neuman, M. Gary
- How to Talk So Kids Will Listen & Listen So Kids Will Talk  
Faber, Adele; Mazlish, Elaine

- Keys to Successful Step-mothering Green Mulford, Philippa
- Mom's House, Dad's House:  
Making Shared Custody Work Ricci, Isolina
- Mom's House, Dad's House:  
Making Two Homes for Your Child Ricci, Isolina
- Mom's House, Dad's House for Kids:  
Feeling at Home in One Home or Two Ricci, Isolina
- Parenting After Divorce: Resolving Conflicts  
and Meeting Your Children's Needs Stahl, Philip Michael
- Parents Are Forever: A Step-By-Step Guide  
to Becoming Successful Co-Parents  
After Divorce Thomas, Shirley
- Parents Under Siege: Why You Are the  
Solution, Not the Problem, In Your  
Child's Life Garbarino, James; Bedard, Claire
- Putting Children First: Proven Parenting  
Strategies for Helping Children Thrive  
Through Divorce Pedro-Carroll, JoAnne
- Putting Kids First: Walking Away From A  
Marriage Without Walking Over The Kids Oddenino, Michael
- Questions from Dad Twilley, Dwight
- Talking About Divorce and Separation Grollman, Earl
- The Co-Parenting Survival Guide: Letting  
Go of Conflict After a Difficult Divorce Thayer, Elizabeth
- The Divorce Workbook for Children:  
Help for Kids to Overcome Difficult Family  
Changes & Grow Up Happy Schab, Lisa M.

- The Divorced Parent: Success Strategies for Raising Your Children After Separation Marston, Stephanie
- The Good Divorce Ahrons, Constance
- The Good Karma Divorce: Avoid Litigation, Turn Negative Emotions into Positive Actions, and Get On with the Rest of Your Life Lowrance, Michele
- The Pro-Child Way: Parenting with an Ex Kellner, Ellen
- The Truth About Children and Divorce: Dealing With the Emotions So You and Your Children Can Thrive Emery, Robert
- Vicki Lansky's Divorce Book for Parents: Helping Your Children Cope with Divorce and Its Aftermath Lansky, Vicki
- What About the Kids: Raising Your Children Before, During, and After Divorce Blakeslee, Sandra; Wallerstein, Judith
- What to Tell the Kids About Your Divorce Weyburne, Darlene
- Why Did You Have to Get a Divorce? And When Can I Get a Hamster? Wolf, Anthony
- You're Our Child: The Adoption Experience Smith, Jerome; Miroff, Franklin

**Books for Professionals** [By Author Last Name]

- Ahrons, Constance                      The Good Divorce
- August, J Max and Diane              Your Personal Guide to a . . . .  
Successful Collaborative Divorce
- Cloke, Kenneth                          Conflict Revolution: Mediating Evil, War, Injustice  
And Terrorism
- Cloke, Kenneth                          Mediating Dangerously: The Frontiers of Conflict  
Resolution
- Cloke, Kenneth                          The Crossroads of Conflict: A Journey Into  
the Heart of Dispute
- Ellison, Sharon                          Taking the War Out of Our Words:  
The Art of Powerful Non-Defensive Communication
- Folberg, Jay                              Joint Custody and Shared Parenting
- Johnson, Janet; Roseby,  
Vivienne; Kuehnle, Kathryn              In the Name of the Child: A Developmental Approach to  
Understanding and Helping Children of Conflicted and  
Violent Divorce
- Moore, Christopher                      The Mediation Process: Practical Strategies for  
Resolving Conflict
- Mosten, Forrest                          Unbundling Legal Services
- Mosten, Forrest                          Link to F. Mosten's web-library (used with permission):  
<http://www.mostenmediation.com/legal/library>
- Mosten, Forrest                          Collaborative Divorce Handbook: Helping Clients Without  
Ever Going to Court
- Scharff, Kate; Herrick, Lisa              Navigating Emotional Currents in Collaborative Divorce: A  
Guide to Enlightened Team Practice

- Tesler, Pauline Collaborative Law: Achieving Effective Resolution in Divorce Without Litigation
- Tesler, Pauline, Thompson, Peggy Collaborative Divorce - The Revolutionary New Way to Restructure Your Family, Resolve Legal Issues, and Move on with Your Life
- Webb, Stu, Ousky, Ron The Collaborative Way to Divorce: The Revolutionary Method That Results in Less Stress, Lower Costs, and Happier Kids -- Without Going to Court

### **Web and Media Resources**

- Al-Anon and Al-Ateen [www.seattle-al-anon.org](http://www.seattle-al-anon.org)
- Alcoholics Anonymous [www.seattleaa.org](http://www.seattleaa.org)
- Book Peddlers and Practical Parenting  
<http://www.practicalparenting.com/www.bookpeddlers.com/BOOKS.html>
- Cascadia Collaborative Divorce [www.cascadia-collaborative-divorce.com](http://www.cascadia-collaborative-divorce.com)
- Domestic Abuse Women's Network [www.dawnonline.org](http://www.dawnonline.org)
- International Academy of Collaborative Professionals  
[www.collaborativepractice.com](http://www.collaborativepractice.com)
- International Academy of Collaborative Professionals  
Blog for Professionals  
[www.collaborativepractice.com/iacp.befulfilled](http://www.collaborativepractice.com/iacp.befulfilled)
- Jewish Family Services [www.jfsseattle.org](http://www.jfsseattle.org)
- King County Bar Association [www.ksba.org](http://www.ksba.org)
- King County Collaborative Law <http://kingcountycollab.org/>
- King County Superior Court [www.metrokc.gov/kcsc](http://www.metrokc.gov/kcsc)
- New Beginnings Shelter for Battered Women,  
[www.newbegin.org](http://www.newbegin.org)
- The Pro-Child Way: Parenting with an Ex  
[http://www.anewdivorce.com/index.php/new\\_divorce/](http://www.anewdivorce.com/index.php/new_divorce/)
- The World of Collaborative Practice Magazine <http://theworldofcollaborativepractice.com/>
- Washington State Bar Association [www.wsba.org](http://www.wsba.org)
- Washington State Court Pattern Forms [www.courts.wa.gov/forms](http://www.courts.wa.gov/forms)
- What Parents Need to Know from Kids About Divorce  
[www.listen2kids.net](http://www.listen2kids.net)