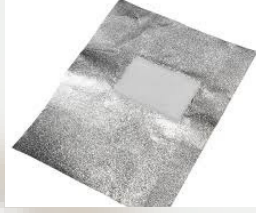


Gel Polish Removal



1) Use a nail file or course buffer to gently remove the top layer and remove shine



2) Use our remover foils which have a cotton pad



3) Place acetone onto the pad within the foil



4) Place the pad directly onto the gel polish and wrap the foils tightly around the nail to secure. Leave nails to soak for 10 minutes



5) Slide off the foil to check if the gel polish has started to come away. If not then slide back on and soak for a further 5 minutes



6) Once the gel polish is starting to peel, remove foil and use a wooden cuticle stick to gently push away all the remaining gel polish from the nail



7) Once all polish has been removed use a soft nail buffer to gently buff nails



8) Use cleanser or our alcohol pads to clean nails



9) Apply cuticle oil and rub into cuticles and nails to re-hydrate.

Hints and Tips

- *Always remove gel polish correctly and do not pick away polish as it can damage and weaken your nails by lifting layers of the nail bed away
- *Use our gel polish remover instead of acetone for quick removal
- *Rub petroleum jelly onto the skin areas to protect them from dehydration of any acetone before applying the foils
- *Use a hand cream after to keep skin and nails healthy
- *Use cotton balls soaked in acetone with our re-useable rubber soakers and soak for 10 minutes instead of foils
- *Glitters can be more stubborn to remove and may need soaking a little longer

GEL NAIL BOX