

Coffee Shop Cowl



About this Pattern

If you like meeting up with good friends and knitting over a cup of coffee then this pattern is for you! Inspired by the tiled pattern of a coffee shop floor, the easy to remember pattern repeats provide interest for established knitters, whilst a beginner knitter will find it an ideal project to practice knit and purl stitches.

Knit with soft DK yarn, the end result is a textured, reversible cowl which is warm, lightweight and perfect for stepping off the cold streets and into a warm coffee shop.

Worked lengthways, the cowl is knit to the desired length and then seamed at the end to make a loop. The adjustable length makes it ideal for using up leftover DK yarns (you could make each section repeat a different colour!) There are 12 pattern repeats shown in the pattern sample but the pattern is easily to adapt. There are ideas given at the end of the pattern on how to make the cowl into a double loop, a scarf or even a wrap – and also a handy hint on how to calculate the amount of yarn required for your new projects! Speaking of yarn, there are some lovely DK skeins on the website that would be perfect for this cowl – do [take a look!](#)

To give a neat and finished edge along the sides of the cowl, the first stitch of every row is slipped ([click here for video tutorial](#)). However, this is not essential and you can knit this stitch if you would prefer.

Pattern Notes

Skills / Techniques used: Slipped, knit and purl stitches.

Sizes: One size, although this can be easily adjusted to preference.

Measurements:

The finished cowl as shown measures 30" / 76cm circumference and 7" / 18cm depth when blocked.

Materials Used:

- 60g / 2.1 oz, 148 yds / 135m Double Knitting Yarn. The yarn used in the pattern pictures is [Under the Olive Tree Knits 100% Superwash DK Merino](#), 100g / 3.5oz, 246 yds / 225m per skein in the Pistachio colour.
- 1 set of [4mm needles](#)
- 1 x [removable Stitch Marker](#)
- Tapestry needle for sewing up the seam and weaving the ends in

Gauge: 20 stitches and 30 rows to 4" / 10cm in stockinette stitch after blocking

Abbreviations

Video tutorials are provided for underlined abbreviations at <https://www.undertheolivetreeknits.com/tutorials.html>

<u>K</u>	Knit
<u>P</u>	Purl
RS	Right side
<u>Sl1 wyif</u>	With the yarn in held in front as if to purl, slip the next stitch
St(s)	Stitch(es)

INSTRUCTIONS

Using whichever method you prefer, [cast on](#) 38 sts.

Garter Stitch Stripe

Rows 1-8: Sl1 wyif, k to end

After row 8, turn work and attach a removable marker to a stitch to mark the RS.

Check Pattern 1

Rows 9-12: Sl1 wyif, k6, [p4, k4] 3 times, p4, k3

Check Pattern 2

Rows 13-16: Sl1 wyif, k2, [p4, k4] 4 times, k3

Repeat rows 1-16 eleven more times, or for the desired length of the cowl.

Note: Each 16 row repeat will measure about 2.5” / 6.3cm and use about 12 yds / 11m, 5g / 0.18 oz of yarn.

Bind off.

FINISHING:

Using the tail end of the cast on edge and a tapestry needle, sew the two end edges together to make a loop. Weave in any loose ends and block.

Blocking your hand knits is a way of ‘setting’ your stitches. To block your cowl, soak it in a bowl of warm water for about 10 minutes (you may add a little wool wash if you wish). Take it out of the bowl and gently roll in a towel to squeeze out any excess water. Lay the cowl flat on a clean towel and gently pin into the dimensions.

Make this
pattern your
own!

You can easily adapt this pattern to make a longer double-loop cowl by working more row repeat sections. Or you could keep knitting in pattern until you run out of yarn and leave the ends un-joined to make a pretty scarf.

To make your cowl or scarf wider, you can increase the amount of sts cast on by multiples of 8 to add in additional [p4, k4] repeats on the stitch pattern rows. You could even turn it into a luxurious wrap by casting on 78, 86 or 94 sts and working extra [p4, k4] pattern repeats along each row.

However, do be aware that increasing the stitch count of your project or the number of repeat sections worked will affect the amount of yarn that it uses.

HANDY HINT TO CALCULATE YARN REQUIRED: Weigh your yarn before you start your project, then work rows 1-16 once. Weigh your yarn again and note the difference. This amount will be the weight required for each section repeat. For example, if you start with 100g of yarn, and after one repeat of 16 rows you end up with 95g, you know that each repeat will take 5g of yarn. Divide the remaining 95g by 5g and this will give you the total amount of additional pattern repeats you can work, in this case another 19!

You can also use these first 16 rows to estimate the finished length by multiplying the length of the first section by the amount of pattern repeats. So, if you want a long scarf and find that you will not have enough yarn you could then work in another colour and have alternating striped sections instead. The possibilities are endless!

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Thank you for downloading this pattern, I hope you enjoy knitting it! To stay up to date on all new Under the Olive Tree pattern releases, yarn updates and be notified of future discounts and KAL's please [sign up to the Newsletter](#). You will also receive a free [Sun Glitter shawl](#) pattern when you sign up!

And why not come and show off your lovely new Coffee Shop cowl in the friendly [Under The Olive Tree Knitters](#) Facebook Group? Hope to see you there!

For pattern support please e-mail jem@undertheolivetreeknits.com

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