

HAMPSHIRE REGENCY DANCERS

L'Bon Ton (Ignatius Sancho)

Cotillion

Dance Step : Fleuret

Changes: 16 bars

1st Change: All round - complete circle R & then L

2nd Change: All ladies balance R&L as they go into the square, rigadon, circle L half way and fall back into vis-à-vis place acknowledging the man
All ladies balance R&L as they go into the square, rigadon, circle R and fall back into original place

3rd Change: All men balance R&L as they go into the square, rigadon, RH star half way and fall back into vis-a- vis place acknowledging the lady
All men balance R&L as they go into the square, rigadon; LH star half way back to original place

4th Change: Grand Chain

Figure:

A 8 bars Head Couples contretemps forwards, rigadon
Promenade to opposite place with partner
Ladies pirouette under partner's R arms

B 8 bars Side Couples contretemps forwards, rigadon
Promenade to opposite place with partner
Ladies pirouette under partner's R arms

C 8 bars Head Couples ladies chain

C 8 bars Side Couples ladies chain

D 8 bars All couples chasse croisse, rigadon into the square

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Chasse croisse back, rigadon

D 8 bars Promenade anti-clockwise, (half way round the square)
Acknowledging vis-a-vis at each quarter until back to original place



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