

HAMPSHIRE REGENCY DANCERS



The Lasses of Portsmouth

3 Couple Set

Dance Step: Strathspey

- A1 1-4 1st couple half a RH turn, cast to middle place
5-8 Circle left with the 3rd couple
- A2 1-4 1st couple half a RH turn, cast up to top
5-8 Circle left with 2nd couple
- B1 1-8 1st couple lead down the centre of the set, cast up round the 3rd Couple, in through the sides, up between the 2nd couple and Cast to bottom place to progress. 3rd couple move up.
- B2 1-8 Four slow changes of a R & L (square hey) at the top (for the original 2nd and 3rd couples)

Repeat the dance twice more.

Adapted from original The Lasses of Portsmouth, tripe minor, Thompson 1774