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Sarah Hamilton-Gill  
FCIPD

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# PODCAST



LEAP INTO HR  
CONSULTING

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Guest: Polly Rathbone
- 3. [Success and self-employment](#)  
Guest: Steve Carpenter
- 4. [Frequently asked questions](#)  
Guest: Hilary Salisbury
- 5. [Being brand authentic](#)  
Guest: Kate Marchant
- 6. [Self-belief & what clients expect](#)  
Guest: Jennie Dethridge
- 7. [Influencing and inspiring](#)  
Debbie Greenwood
- 8. [Flexibility & work life balance](#)  
Guest: Pem Paddick
- 9. [Resilience, the highs & charging](#)  
Guest: Emma Johnson
- 10. [Blended work & determination](#)  
Guest: Julia Crawford
- 11. [Finding your niche](#)  
Guest: Steve Carpenter
- 12. [The Menopause.](#) Guests: Dee Murray, Sue Benoke & Kate Maddison Green
- 13. [Flexibility & independence](#)  
Guest: Andy Robinson
- 14. [Connections & challenges](#)  
Guest: Laura Johnson
- 15. [Clarity, focus & well-being](#)  
Guest: Nicky Buckley
- 16. [Golden nuggets: Xmas Special](#)  
Guests: various
- 17. [Time to maximise for the new year](#)  
Guest: Lisa Griffiths
- 18. [Finding your niche](#)  
Guest: Lorraine Hunt
- 19. [Finding your work-life balance](#)  
Guest: Melanie Stevens
- 20. [Your HR career crossroads](#)  
Guest: Gemma Bromfield
- 21. [Getting your first client](#)  
Guest: James Carman
- 22. [Journey to a business milestone](#)
- 23. [Blow your own trumpet](#)
- 24. [Maintaining income in a crisis](#)
- 25. [Dilemmas & marketing tips](#)  
Guest: Sarah Burden
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- 27. [Riding the consultant rollercoaster](#)  
Guest: Sarah Eynon
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- 29. [Retainers - the pros and cons](#)  
Guest: Deborah Barrett
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Guest: Tania Brown
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Guest: Amy Cousineau

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