

Happy In The Moment

Angelic Energy Healing Courses
Levels 1 & 2

Level 1 – Heal Yourself with Angelic Energy Healing

Module title	Module Content	
Module 1	<ul style="list-style-type: none">• Welcome and Introduction<ul style="list-style-type: none">• Why are you here?• Why should we explore Angelic Healing?• The history of healing• Illness and Dis-ease<ul style="list-style-type: none">• What causes illness and dis-ease• The physical affects of thought and belief• Blockages and resistance to healing• Setting clear intentions to heal• Who are The Angels?<ul style="list-style-type: none">• Guardian Angels• Archangels• Angels• How The Angels help us to heal	<ul style="list-style-type: none">• Angels of the rays<ul style="list-style-type: none">• The seven main rays of spiritual enlightenment• The extra four rays of spiritual enlightenment• Healing roles of The Angels• Healing with specific light colours<ul style="list-style-type: none">• The Green light• The White Light• The Golden light• The Rainbow light• Candles• Types of light healing and applications• Angel energy healing and crystals
Module 2	<ul style="list-style-type: none">• Spiritual shielding and protection• Invoking Angels• Angel Prayers<ul style="list-style-type: none">• How to pray• The best types of prayers• Raising your intuition and ability to sense• Becoming more spiritually aware – Transmuting your physical 3rd dimensional body into the 4th and 5th dimensions	<ul style="list-style-type: none">• The chakra system<ul style="list-style-type: none">• What are chakras?• Angels and the chakra system• How chakras are affected by others, thought and belief• Clearing, balancing and healing your own chakras• Chakra cleanse practical
Module 3	<ul style="list-style-type: none">• Chakras and etheric cords<ul style="list-style-type: none">• Sensing and cord cutting methods• The Aura<ul style="list-style-type: none">• Cleansing and removing negative energies• Maintaining chakra health<ul style="list-style-type: none">• Daily short visualisations• Salt baths• Opening the energy channels through your body	<ul style="list-style-type: none">• Opening & developing your heart chakra<ul style="list-style-type: none">• Supercharging your spiritual practice and strengthening your connection to the Angels• Developing a strong spiritual practice• Genuine Intuition vs Imagination