MANIFESTING WITH

The New Moon



Step 1

Cleanse all of your crystals. Get into the routine of cleansing all of your crystals at the New Moon and at the Full Moon.



Step 2

Play some soft spiritual music, light a candle and some incense and take some time to raise your vibration by thinking about all of the things you are thankful for in life.



Step 3

Put the date on a piece of paper or on the template provided and write the following New Moon statement underneath:

"Under the power of this divine new moon, I accept these items into my life now, or something better, for my highest good and for the highest good of all concerned"



Step 4

Now write down or doodle FIVE things that you would like to set as your personal goals for the month ahead. I like to doodle these as the prolonged visualisation of my wish really supercharges the creation of it.



Step 5

Now write down or doodle FIVE things that you would like to set as your work goals for the month ahead. Again, I like to doodle these as the prolonged visualisation of my wish really supercharges the creation of it.



Step 6

Now write down or doodle ONE money goal for the month ahead. I write myself a cheque for the amount that I would like to earn this month and pin it up on my board in my office. Alternatively you can set this wish as a statement:

"I now gratefully earn and receive £xxxx this month"



Step 7

Write out affirmations to recite for the month ahead. If you're wanting to manifest a new car you might write "I gratefully receive a new car." Use I AM statements as much as possible as these are super powerful!



Step 8

Now go through each wish and write out steps for how you are going to help this wish to happen. If you are wanting to manifest a new car the first step might be to look at what your current car is worth, etc.



Step 9

Think about gifts that you would like to bestow upon others as well as one gift for yourself. These gifts don't have to cost anything at all. They could be a random act of kindness if your finances are stretched.

- One gift for yourself
- One gift to someone you love
- One gift to someone you don't know

Step 10

Archeia Ariel is the Archeia of abundance. Archeia Haniel is the Archangel of the Moon. Archeia Hope is the Archangel of wishes. These powerful Archeia will help to bring your new moon wishes to fruition.

Call upon Archeia Ariel by calling her name out loud three times. Call upon Archeia Haniel by calling her name out loud three times. Call upon Archiea Hope by calling her name out loud three times.

Recite the following intention/prayer:

"Thank you Archangels for taking my New Moon Wishes to the heavenly source. The All That Is. I gratefully receive this abundance and all that I desire into my life at the perfect time and for the greatest good of all. And so it is!"



Step 11

Meditate for 15 minutes and visualise your new moon wishes as having come true. Really feel into the reality of those manifestations. How would you feel when they come true, what would life look like? Imagine it all in the greatest detail possible.



Step 12

Store your New Moon Wishes in a beautiful box or book, with a citrine crystal, rose quartz crystal and clear quartz crystal on top, to really supercharge your desires.