



Great Oaks 
Supporting recovery and enhancing quality of life

Cancer Care and Support Centre

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Supporting recovery and enhancing quality of life

**Open Monday to Friday 9am - 5pm
for friendly chat and coffee.**

Great Oaks Support Centre & Day Hospice
The Gorse, Coleford, Gloucestershire
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Charity No. 1078186



We listen...we support...we care



For people living with cancer
and their carers

We provide a number of services to assist those having treatment, living with or surviving cancer.

We offer advice, information and support for anyone having treatment, living with or surviving cancer. Coffee and chat, open mornings etc etc.



Support services available

- **Support groups** to assist individuals find new direction in life. Groups are facilitated by experienced qualified staff to enable individuals to develop or discover new skills to help them manage with the challenges of life changing events.
- **Individual Complementary Therapy** sessions can be accessed for a specified time to assist with symptoms or support with life events.
- **Counselling** to help and support individuals and families
- **One2One** exercise sessions in collaboration with the District Council to improve health and wellbeing whilst having treatment or to help reduce the risk of recurrence.
- **Qi Gong exercise and relaxation** to help mind, body and spirit
- **Diversional Therapy** enables individuals to engage in activities which are meaningful to them. Using crafts and recreational activities to enhance quality of life.
- **Nutrition and financial advice** available on an individual basis from qualified experts,
- **Spiritual support** to help make sense of doubts in beliefs.

Great Oaks is a safe, secure and supportive environment available to help people better manage life changing events.

