

How I Will Make My 2020 GREAT!

If ever there was anything that stops us from getting what we want in our life, business or career, it is **CONFIDENCE**. So if you have been holding yourself back for years, whether through putting others first or through a lack of trust in your own abilities, just know you really can go for what you want. You don't have to wait for permission from anybody. You can do this and your time is **NOW!**

This Year I Will...	Tick
Create a fulfilling life, business or career that I LOVE	
Be more open to new and interesting opportunities	
Be more resilient when things don't go to plan	
Be happy to put myself first rather than others	
Have the power to say NO to things I don't want and YES to what I do want	
Have an increased sense of self worth and value	
Have a better sense of control and purpose	
Find it easier to ask for what I want	
Stop holding myself back from what I really want	
Stand up for myself and use my voice to be heard	
Stop sabotaging my own success and future	
Embrace my strengths (and weaknesses)	
Gain new skills and be happier in my current role	
Supercharge my career – so I can go for that promotion	
Start, run and grow my own successful business	
Return to work after a long period of time off (maternity, illness etc.)	
Start that new hobby, course or project I have wanted to do for years	
Find new clients, start networking or launch new products or services	
Take a leap of faith to start what I have been holding back on	
Take my first step into leadership or move up the leadership ladder	
Feel more comfortable in social situations and with new people	
Stop second guessing myself, my ideas and my abilities	
Be happy about myself and feel comfortable about who I am	
Stop apologising for what I think, feel, say or do	
I will...	