

G-JACH

Alderney Tower 125.355
 Guernsey Approach 128.655
 Guernsey Tower 119.955
 Guernsey ATIS 109.400
 Jersey Control 125.205
 Jersey Approach 120.305
 Jersey Tower 119.455
 Jersey ATIS 134.680

ACI-GCI <215
 GCI-ACI <035
 22nm 12 mins

ACI-JER <191
 JER-ACI <011
 30nm 16 mins

GCI-JER <124
 JER-GCI <304
 21nm 12 mins

ALD 383.0
 GUR 109.400
 JSY 112.200
 JW 329.0
 MP 373.0
 CAN 114.450

GCI ILS 09 IUJ 108.100
 GCI ILS 27 IGH 108.100
 JER ILS 08 IJ 110.900
 JER ILS 26 IDD 110.300

Minimum Fuel (zero wind) VFR incl. diversion and 45 min holding.
 ACI-CER (Div LFRK) 65ltrs, (Div ACI) 61ltrs. CER-ACI (Div GCI) 58ltrs
 ACI-GCI (Div ACI) 51ltrs, GCI-ACI (Div GCI) 51ltrs. JER-GCI / GCI-JER 51ltrs.
 ACI-JER (Div GCI) 54ltrs. JER-ACI (Div GCI) 54ltrs. JER-CER (Div ACI) 61ltrs

ACI-CdIHague <088 11nm
 CdIHague-Abm Cherb <088 14nm
 Abm Cherb-CER <129 6nm

CER-Abm Cherb <309 6nm
 Abm Cherb-CdIHague <268 14nm
 CdIHague-ACI <268 11nm

Brest Info 134.200
 Deauville Info 121.425
 Cherbourg Info 119.625

MP 373.0
 CER ILS 28 MP 110.550

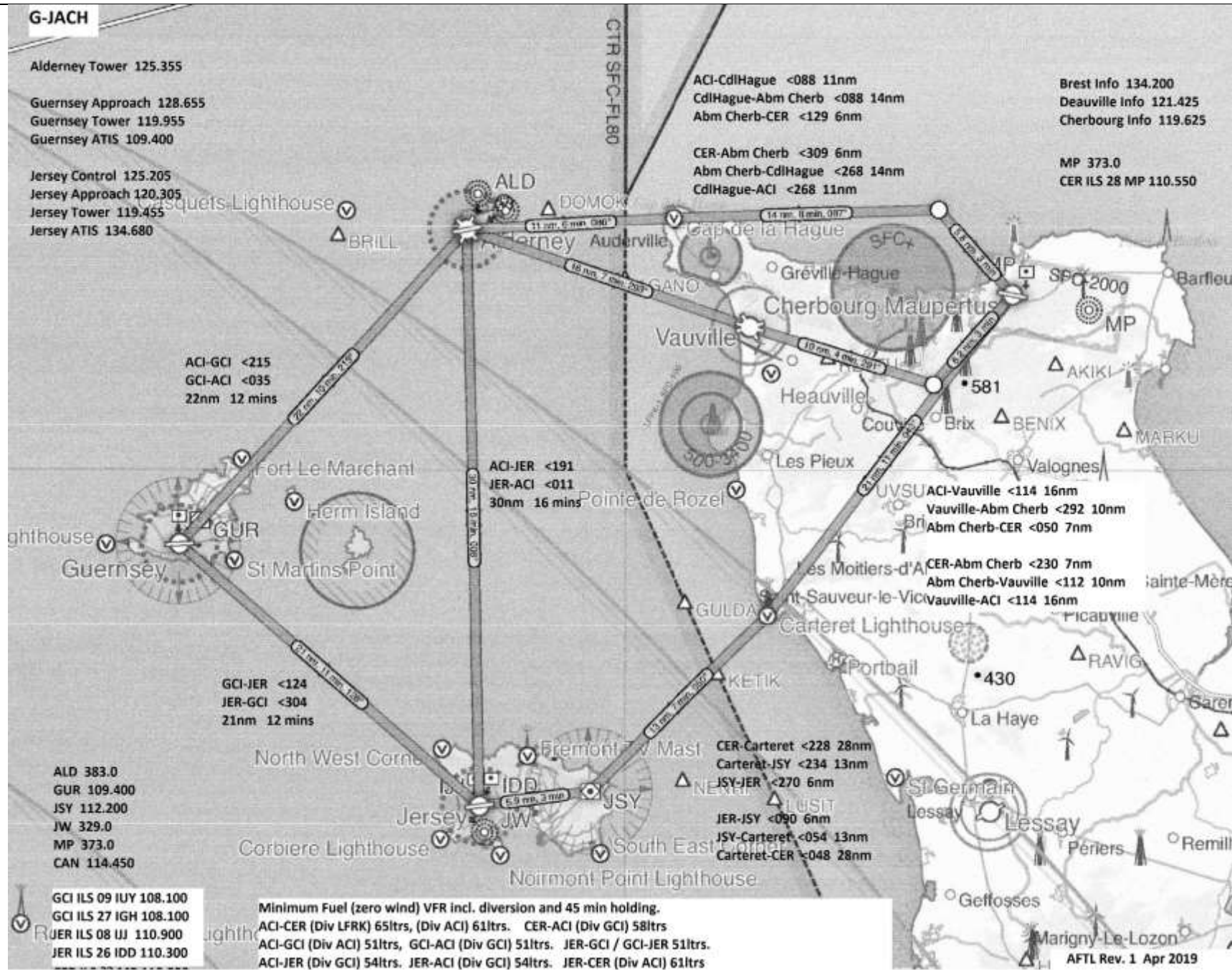
CER-Carteret <228 28nm
 Carteret-JSY <234 13nm
 JSY-JER <270 6nm

JER-JSY <090 6nm
 JSY-Carteret <054 13nm
 Carteret-CER <048 28nm

UVSU ACI-Vauville <114 16nm
 Vauville-Abm Cherb <292 10nm
 Abm Cherb-CER <050 7nm

CER-Abm Cherb <230 7nm
 Abm Cherb-Vauville <112 10nm
 Vauville-ACI <114 16nm

CTR SFC-FL180



AFTL PLOG

Date:
 Route:

Start Hobbs:
 Off Blocks:
 Take Off:
 Landing:
 On Blocks:
 Hobbs:

Clearance:

Met:

Fuel on Board:
 Fuel Required: