

SUSSEX COMBINED EVENTS CHAMPIONSHIPS - Sultan - 10/11-9-11.

High winds made conditions tricky, but kept the rain away; the number of competitors was disappointing, but those from the clubs who attended did well. **MATT BAKER** had the Senior Men and the Surrey entrants for company, but he was the only Sussex under-20 athlete present. He began well, but I think he would agree that he ran out of steam, to finish with 5775 points (100m-11.43 Long jump-6.42; shot-10.47; high jump-1.74 and 400m-53.78m on the Saturday and hurdles-15.31; discus-30 metres; pole vault 3.60m; javelin-36.03 and a struggling 1500 metres in 5 mins 26.12 secs. on the Sunday.)

Both our under-15 competitors finished third. **EMILY COX** totalled 1823 points with the highlight, a solid shot-put of 8.45 metres. Other marks were long jump 4.28; hurdles 12.86; high jump 1.33; and just over 3 minutes for the concluding 800 metres about which she had been very apprehensive. **JACK MUMFORD** looked lively over the hurdles (13.06 secs.) but was below his best in the gusty conditions in the high jump (1.52). The long jump (4.54) and shot put (6.83) enabled him to secure the bronze medal with a 2.26.08 800 metres (1593 points in all).

ERIN BATEMAN couldn't quite make up the points she needed for first place with her courageous 800 metres (2m 44.11s.). Her long jump was above expectations (4.24), then she managed 12.94m in the hurdles, shot-6.57m and ~~high~~ ^{high} jump 1.27. At the finish she was 13 points short, but it was an excellent first attempt.

TABBY LEE was a good fifth (long jump - 3.74; hurdles 13.34; shot 5.77; high jump-1.30 and 2m.57.53 for the 800 metres) while **SARA DEEMAN** was eighth (long jump 3.36; hurdles 15.71; shot 4.74; high jump 1.30 and 800m 3.09.60). Both showed a lot of promise.

Another to suffer from lack of competition was **BEN COURER**, with only one opponent in the 1500 metres steeplechase. He richly deserved his medal.