

Half term holiday absences hit us hard for this meeting, but there were nevertheless some pleasing performances. The under-13 girls finished in fourth place and should keep up a challenge for medals throughout the season. ERIN BATEMAN finished fifth (13.04 mins) with MEGAN ALEXTON just behind in sixth (13.05 mins.). The scoring team was completed by TABBY LEE in 26th place (14.59 mins.) but there were enough additional runners to make up a "B" team in 8th place (JENA ANDERSON 27th (15.09 mins); INDIA FROUD 29th (15.16 mins); SARA DEEDMAN 30th (15.16 mins); Romy VAN DER VEEN 35th (15.30 mins) and the youngest runner, ABBY LEE 37th (15.40 mins). The under-13 boys had fewer runners, but CONNOR DEARDON 16th (12.22 mins), Tom MACKMAN 21st (12.41 mins) and LUKE TRICCA 29th (13.06 mins) achieved eighth place with CHRISTOPHER DUNSTAN also running (41st in 14.09 mins.). Tom and Chris had their fathers running in the Vets race later. The under-15 boys (WILL THOMAS 19th (16.22 mins); DAN PIGEON 24th (16.39 mins) and JACK MULTHORPE 25th (16.46 mins) were a creditable seventh place in a tough race, with MARCUS RAMAGE 29th (17.14 mins) and JOE WEST 40th (19.17 mins) also featuring. Marcus concentrates on rugby at this time of the year, but Joe had had an excellent run at Haywards Heath previously, finishing third. We only had two under-15 girls - KATIE PERRIN finished 19th (18.08 mins) and REBECCA FARROW 25th (19.26 mins). We seem likely to have medallists eventual in the under-17 men's age group. Our second-placed team was BEN COWIER 5th (17.14 mins); ADRIAN FAUTLY 9th (17.34 mins) and FRANCIS SCARR 11th (18.04 mins) with SAM TAYLOR 13th (18.20 mins) and EULAN RAMAGE 25th (19.59 mins), vigorously occupying a rare day-off from rugby.

In the all-ages senior women's race, CANNIE COWAN followed up her sparkling run in the Goodwood Relays with another fine performance (19.29 mins) in overall sixth place. ROSE INMAN also did well in fourteenth place (20.19 mins). REBECCA ADAMS was 20th (20.36 mins) - a very fine run indeed after a long lay-off (i.e. much of her adult life!) STEENA BASSETT was sixty-fourth (23.54 mins) and MAISIE BOAST 71st (24.29 mins). One can think of some absentees who should make this squad into medal prospects, when they return.

The club's seniors represent a diversity of ages. A junior man, JASON WOODRIDGE was first home in 45th place (29.25 mins) with another RYAN BOWYER in 79th spot (32.07 mins). The same applies to most of various veterans classes - ANDY DUNSTAN

113th (33.58 mins); STEWART MACKMAN 146th (38.02 mins) and BILL CAWLEY, an indomitable "V60", in 158th place (40.32 mins). Our performance as a team was always likely to be modest, but we managed seventh place in Division 3 with 383 points.