

## **BIOGRAPHY**

### **KEITH LEWIS**

*Adlerian Sanctuary Trustee*

*Member of the Organising Committee Adlerian Summer Schools*

From the Scout movement to National Boys Club and League of Young Adventurers, to theatre set designer and chair of the Berkshire Shakespeare Company and PTA Chair, this provided the route to forming my primary interest in voluntary work, a counterbalance to the isolation of working in front of a computer and the need to be part of a progressive community. Studying at

I started my counselling practise over 30 years ago via the voluntary path that included joining a private trust, funded in part by the Reading Borough Council's Youth & Community Service counselling project. One of the country's first free counselling agencies offering its service from 10:00 am – 10:00 pm each working day. I regarded my practice as being integrative after being trained in Person/Client-Centred, T.A. and Gestalt theories, plus many years of Adlerian influence was a bonus. Supervision models included using Egan, T.A, Interpersonal Process Recall, and 'Six Eyed Supervision' *Supervision/Therapy matrix. (Hawkins 1985). Group work (Tuckman 1965), (Levine 1979).*

Fieldwork; supervising G.N.V.Q. students in upper and lower sixth form classes. Qualifying to teach in F.E. enabled me to take up employment as lecturer, tutor and supervisor with a training program accredited and supervised by the Counselling and Psychotherapy Central Awarding Body.

*Now Retired.*

### **ADLERIAN SUMMER SCHOOL ROLE: -**

*Treasurer*

*Design & Print, Resources Contact,  
Booking Manager, Felden Lodge Contact.*

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*The Process Space, Module B*