

BIOGRAPHY

KEITH LEWIS

Adlerian Sanctuary Trustee

Member of the Organising Committee Adlerian Summer Schools

Keith's teenage years included working with the Scout movement, being a member of the National Boys Club and League of Young Adventurers. His adult interests were theatre set designer and assistant stage manager with the Berkshire Shakespeare Company; later, he became chairperson of the company.

These interests provided a route to forming his primary interest in voluntary work, a counterbalance to working in front of a computer during his working day and the need to be part of a progressive community.

Keith started his counselling practice over 30 years ago via the voluntary path that included joining a private trust, funded in part by the Reading Borough Council's Youth & Community Service counselling project. One of the country's first free counselling agencies, No. 5, offered its service from 10:00 a.m.–10:00 p.m. each working day. Later, Keith was voted on to the board of trustees during his work at No.5.

He regards his practice as 'integrative' after graduating in Person/Client-Centred counselling, T.A. and Gestalt theories. Attending 20 years of Adlerian Summer Schools were also a bonus. Supervision models included using Egan, T.A, Interpersonal Process Recall, and 'Six Eyed Supervision' *Supervision/Therapy matrix. (Hawkins 1985). Group work (Tuckman 1965), (Levine 1979).*

Fieldwork included supervising G.N.V.Q. students in upper and lower sixth form classes. Qualifying to teach in F.E. enabled Keith to work as a lecturer, tutor and supervisor with a teaching program accredited and supervised by the Counselling and Psychotherapy Central Awarding Body; primary concepts of Alfred Adler were, for the first time, introduced to students at BCoT.

Keith is now retired and living with his partner Tanyasini in Wales.

ADLERIAN SUMMER SCHOOL ROLE: -

Treasurer

*Design & Print, Resources Contact,
Booking Manager, Felden Lodge Contact.*
