

Adlerian Summer School Programme 6th – 12th August 2022

Select One Option	Module A
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Choice One	Bibliotherapy My Life Story <i>Facilitated by Galit Nahum Leumi</i>
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Choice Two	Is Metamorphosis possible? Therapeutic power of metaphors <i>Facilitated by Marina Bluvshstein</i>
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Choice Three	Adler and the Existentialists <i>Facilitated by Stephen Allsop</i>
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	Module B Pick and Mix
You Choose On The Day	Free Time
	Adler's Café <i>Facilitated by Jill Reynolds</i>
	Mindfulness <i>Facilitated by Bruce Greenhalgh</i>

Select One Option	Module C
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Choice One	Bibliotherapy My Life Story <i>Facilitated by Galit Nahum Leumi</i>
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Choice Two	Self-care: - Adlerian approach to professional burnout <i>Facilitated by Marina Bluvshstein</i>
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Choice Three	Adlerian coaching for well-being <i>Facilitated by Stephen Allsop</i>
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Choice Four	The Horizontal Line <i>Facilitated by Unity-Joy Dale & Camilla Ghazala</i>
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Morning Plenaries: -

Sunday	The Summer School Team
Monday	Marina - <i>Belonging and social implications</i>
Tuesday	Stephen - <i>Existentialism and Adler</i>
Wednesday	Galit - <i>Bibliotherapy</i>
Thursday	Bruce - <i>Mindfulness</i>

Evening Presentations: -

Saturday	Meet & Greet
Sunday	Rosemarie White - <i>Don Smart Lecture</i>
Monday	Auction night - <i>The Summer School Team</i>
Tuesday	Camilla - <i>An introductory talk</i>
Wednesday	Chrissie Montague - <i>A Presentation</i>
Thursday	Theatre evening - <i>The Summer School Team</i>

The weeks Timetable

7.30 - 8.00 Exercise
 7.45 - 8.30am BREAKFAST
 8.45 - 9.15 am COMMUNITY MEETING and notices
 9.15 - 10.15 am. Plenary
 10.15 - 10.45 am COFFEE BREAK
10.45 - 12.45 Module A
 1.00 - 2.00 pm LUNCHTIME
2.00 - 4.00 pm Module B
 4.00 - 4.30pm TEA BREAK
4.30 - 6.30pm Module C
 6.45 - 7.30 pm SUPPER
 8.00 - 9.00 pm Evening Presentations/Activity