

MAP

On the trail, imagine you are stepping out into a bustling town centre of the 1800s. This historic town has been around for almost 1,000 years and covers the whole area you can see on this map, and beyond! Times may have changed since the 1800s, but many of the Victorian and Edwardian buildings still stand. Explore North Chingford to see the remains of historic town buildings, and discover what life was like for locals all those years ago.

Kings Head Hill

14

18

6



Epping

Forest

6 Chingford Station

The Parade

Station Rd



GUIDE FOR FAMILY WALKERS

This route around North Chingford is a gentle stroll through the town centre and out to the edge of Epping Forest, taking in the sights and sounds of the village and the forest along the way.

As you follow the map and explore North Chingford's history, please ensure you stick to the pavements to ensure your safety.

Watch out for traffic when walking down the lanes or crossing roads

Approximate distance of trail is 1.4 miles (2.25 km).

••••

Wheelchair access via public footway.

Please do not enter any private properties featured in this guide without the express permission of the owner or custodian.

Public toilets are available at some of the landmarks.