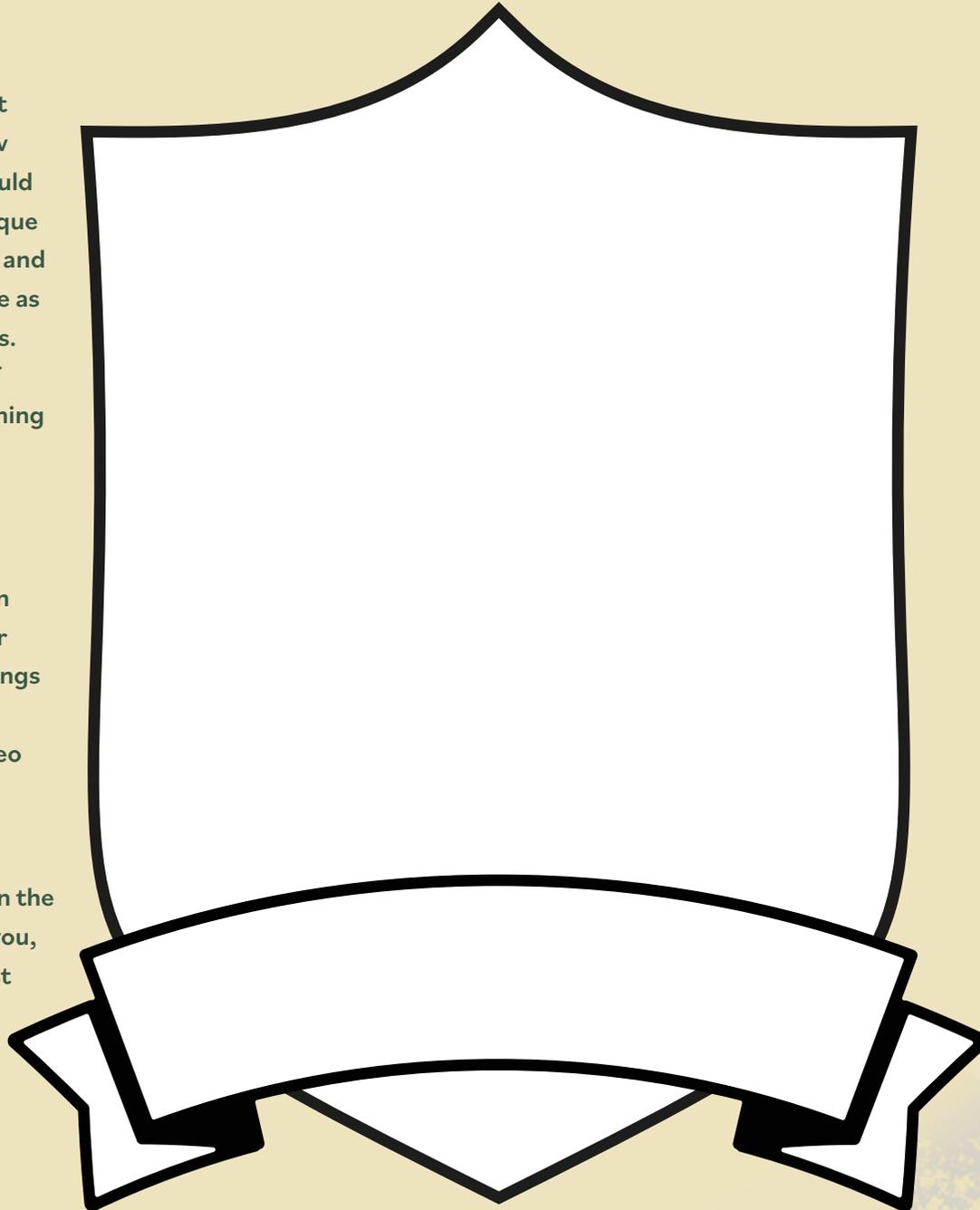


DESIGN YOUR OWN COAT OF ARMS

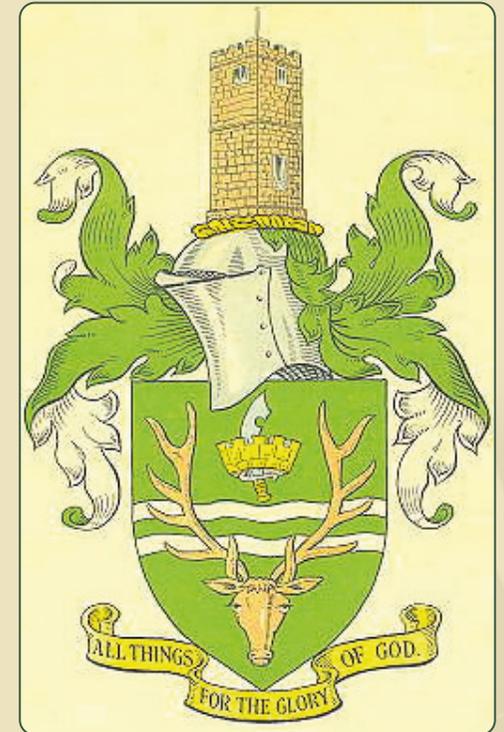
Every distinguished town deserves a crest that sets it apart. Using the space, draw what your town's crest would look like. A coat of arms is a unique design painted on a shield, and is given to individual people as well as towns and countries. Each symbol on the coat of arms will represent something that has an important meaning to that person, country or company.

It's time to create your own personal coat of arms! Your design could include drawings of your home, family, pets, favourite superheroes, video games - anything goes!

Take inspiration from Chingford's coat of arms on the right. To help inspire you, check out Chingford's crest



THE *North Chingford* HERITAGE 20 TRAIL 22



www.northchingfordheritagetrail.org.uk



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