

# TOP 5 TIPS: LUXURIOUS & SUSTAINABLE INTERIOR DESIGN

**2 . Re use.** Do family or friends have un wanted items you could reuse or that need a repair?

A home with collected items from travels, family and friends and has so many more stories to tell. It will be more original & luxurious looking and will have a soul. It's all about vintage. I believe every room needs at least one vintage item in it in order to aesthetically ground it.



@handsomevintage | House Of Upcycling member

**4 .**

**Avoid trends** - unless you love the colours and designs on offer! Buy things YOU love rather than what magazines tell you to like. You will like it for longer.

Let colour in if it brings you joy! Experiment. Paint samples onto lining paper and try colours on different walls.



@graphenstonepaintsuk

If you are decorating yourself - it's very worth reading the guidelines and use the paint calculator given by manufacturers for coverage because we always buy too much. Did you know an estimated 50 million litres of paint sold in the UK each year goes to waste?\*

If you are avoiding animal products - then make sure you avoid animal bristle brushes and wool rollers as well.

\*Source: Ethical Consumer magazine

**1 .** Take a little time to **review** what you have at home already. Can you use things from other rooms instead of buying new? Are there loose or fixed items in the room that you can reuse? Do you really need to strip it all out? You'll be surprised what moving lamps, mirrors, art and decorative items into to different rooms can do!

**3 .**

**Recycle.** An easy thing to do is look for recycled content when you source things like tiles, flooring, rugs, bedding, fabrics. You can even buy paint that has been recycled. It's far better to recycle these materials that are already here than producing new ones!



Oxfam recycled PET rug



Little Leaf Organic bedding



**5 .**

**Buy quality.** Always. If that means saving up a bit longer for that quality item or buying preloved.

Being savvy - better quality items have a resale value, so if you do fall out of love with it - you can sell it on.

Use 3rd party certifications! If you buy anything made from new timber - always check it is from a sustainable source. This means it's timber (or paper goods including wallpaper) from a well managed forest that has a replanting program. Look out for the FSC (Forestry Stewardship Council) or PEFC (Programme for the Endorsement of Forest Certification) logos. Look for GOTS or Soil Association certifications for textiles. Use the Cradle To Cradle certification to take out the legwork and search their online directory.