Summer 2022

Bournemouth East Allotment Society

Newsletter

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Any enquiries, please call

07766110660 or email



beas.secretary@outlook.com

Welcome to a bumper Summer edition of our newsletter. This newsletter is longer than usual because so much is happening on our plots and in our community, some of our news is very sad as we wish a fond farewell to valued members, but we also have some very exciting events to report on and to look forward to.

Open Morning

Our annual open morning will take place this year on Saturday 23rd July.

Join us for what has always been a successful event to meet the Allotment Community! We are planning a proper full on event this year (not like last years scaled down event) so we are all anticipating a great day.

We have hot food and refreshments, traditional family fun games, tombola, raffle, bric a brac, books, plants, produce, second hand tools and lots more!

This year we have the 'Wellie Competition' and live music courtesy of Phil Cowan!

The Art in Nature Group will be available with demonstrations and exam-

ples of creative projects using many natural items at the allotment. Guided Allotment Tours available!

All welcome and we hope to see as many as possible so come along and have a great time together!

Raffle tickets are already on sale in the shop

Donations of items for the raffle, tombola, bric a brac or book stalls are welcome in the shop or community area from now. Donations of plants or produce are welcome in the community area on Friday 22nd July from 4pm.

www.bournemoutheastallotmentsociety.co.uk

www.facebook.com/lingdaleplots

twitter: @lingdaleplots



Linda Taylor BEAS Chair 2017-2022

Linda was a consummate professional, a Master of Arts (Professional Human Resource Management), a Chartered Fellow of the CIPD (Chartered Institute of Personnel and Development), a 'Women in Management' Leader, a business consultant, and a Nonexecutive Director. In addition to being Chair of BEAS, she was also Chair of the Friends of the Bournemouth Eye Unit Charity and and owned her own business (Lovely Lane). A busy life, but she also fitted in volunteering for Dormen Business Mentoring, offering help and guidance to new business start-ups.

Linda worked for Bournemouth Borough Council for 14 years and became Head of Strategic Human Resources before being 'head-hunted' by Southampton City Council as a Chief Officer and Professional Head of HR. Everything she did, she did well, professionally but always with a view to developing and helping other people.

Over and above all of that, Linda was a loving wife, a mum, a nana, a sister and a caring daughter. Dave & Linda had 5 children, all grown up and doing very well and 13 grandchildren and 1 great granddaughter who adore Linda and she thought the world of every one of them. Located in Christchurch, Portsmouth, Plymouth, Bristol and Kilcullen (near Dublin), Linda loved visiting them all and family gatherings in at the Taylor home in Southbourne were legendary. Despite having a large family, Linda also built strong, supportive friendships and always went the extra mile.

Linda loved cooking, cross stitch, knitting, sewing – loads of arty stuff and was a very good portrait artist. She cherished her garden and spent many years designing and developing it so that it was becoming beautiful and a joy to be in, whatever the season. Linda also loved the allotment, the people and being able to help develop the Society. She was proud of the fact that we had won Best Allotment for several consecutive years, really enjoying the federation and working with Ed at the Council. Linda was an excellent negotiator, a real diplomat and an inspirational leader. She drew people around her to run the Open Morning, plus other social and charity events. As a real people person, everyone could expect a warm welcome and a chat with Linda. She developed the new BEAS Website and was so pleased to have launched it earlier this

year. She also introduced the use of "Mail Chimp" enabling emails to be sent to members, associates and those on the Waiting List at the touch of a button.

Linda & Dave had many travel plans for their retirement. The first big one on the list was Thailand, which she visited in January 2020 and loved. Unfortunately, after that first trip we went straight into lockdown and the following 2 years were spent at home (and in the allotment) rather than in Canada, India, China and Cambodia – to name a few on her list.

Linda first developed breast cancer soon after taking her senior role with Southampton Council in 2010. She underwent all the unpleasant treatments and was believed to be clear by about 2015. Out of the blue, she developed a completely new and unrelated breast cancer in November 2020. A similar set of treatments and operations followed and everything seemed fine until late January 2022 when the cancer returned as a 'stage 4' cancer. No-one was expecting that, not even the professionals who had been working so closely with her over the years. Despite 'assurances' that this cancer was treatable, although not curable, the cancer proved to be very aggressive and the 'few years' she had expected proved to be just a few weeks.

Linda's wish was to stay at home for as long as possible. With the care of Dave and her family and the amazing (and newly formed) Hospice at Home Team from the MacMillan nurses from Christchurch hospital, that wish was fulfilled. Linda passed peacefully, surrounded by her family on 31st May 2022. She will be sorely missed.

The funeral arrangements for Linda Taylor are Midday Monday 4th July at Bournemouth Crematorium followed by a service at Immanuel Church in Southbourne.

Jade Dunn, Linda's granddaughter will be doing a sky dive for Macmillan Local in memory of Linda who had planned to join her. Below is an earlier picture of Linda going paraglid-

ing

To give please go to:

https://gofund.me/65fd9534

or make a donation in the shop, or in the pink pig, and the money will be tallied to make one single donation on your behalf.



Neil Rodgers Former BFAS Chair

Neil trained as a motor mechanic in Sheffield where he was born on 31st May 1946. As a result of promotion at work, he and his wife, Pat moved to Bournemouth in 1980.

Neil became a leader at the local scout group based at St Christopher's Church and eventually became Assistant District Scout Leader. He was also involved with Bournemouth Scout Band and helped to set up the Peninsula Marching Band, becoming Chairman for a while.

Neil retired when he was 65 and after 4 years on the list got his beloved allotment plot, which he worked with Pat. Starting with a half plot, they soon realised that they needed more ground and took on plot 100 that had been very neglected. They soon had this under control, setting a fine example to their plot neighbours. The plot was what kept him going through Covid; through the good times and the bad.

Neil and Pat have a son, Andrew, a daughter, Sarah and a granddaughter, Amelia who has just taken her A levels. Andrew now lives in France but Sarah, her husband and Amelia (when younger) are regular visitors to the plot.

Newer members will not know that Neil also became Chairman of the society for a time and was thinking of applying to come back onto the committee. His sudden death was a shock to all and his loss is deeply felt.

The funeral for Neil will take place on Friday 1st July at Bournemouth Crematorium at 12.15pm. Family "flowers" only. No after gathering, but all who knew Neil are welcome to an Open House on Sat 2nd between 10.00 and 12.00 to remember him and reminisce over a cup of coffee.

Any donations in Neil's memory (care of Deric Scott Funeral Directors, Boscombe) will go to the ICU unit at the Royal Bournemouth hospital.



Committee Update

In response to the Committee's appeal for a new Shop Manager to take over on 1st August, we are pleased to announce that Peter Clarke will be returning to that position. Over the past couple of years Annette has done a great job, devoting a lot of time to being available to keep the shop going with click and collect and extending opening hours. We are very grateful to Annette Hawksworth for all her work as shop manager and to her family for all they have done to support her and the society. Annette has agreed to remain on the committee.

We are pleased to welcome 3 new committee members who have been co-opted onto the committee to bolster numbers and undertake some of the necessary responsibilities.

Peter and Lyn Clarke have kindly agreed to re-join the committee after a couple of years break . With their wealth of experience they will be very useful members.

John Holroyd is a new member to the committee who will bring a welcome fresh approach and a new viewpoint.



Jubilee Lunch



On Friday 3rd June 2022, we had a 'Bring and Share' Jubilee Celebration Lunch. We were pleased to welcome 46 fellow Plot Holders, Associate Members and families who joined us.

We were lucky to have glorious sunshine and a fine spread fit for the Queen also!



We raised £51.00 from the raffle which will be donated to a chosen charity decided by the Taylor Family.

Our thanks to all those who helped, donated and celebrated the Platinum Jubilee together!







Social Group coffee morning

Our social group meet on a regular basis to plan and prepare the events that take place for our community. They organised the jubilee lunch and are busy getting ready for the open morning. Later in the year a coffee morning is planned in aid of MacMillan, they also just get together from time to time to have a coffee and a chat while they decide what else would be good to do. If you have ideas or are interested in coming along, please contact Clare:

beas.clare@outlook.com



ALLOTMENT COMPETITION

The second round of judging will take place in mid July

Remember that in the second round the judges will still be looking out for variety and quality of crops; there are also points for overall good plot management.

Even if you have not entered the individual plot competition there is still the overall site competition, where our site is competing against other allotment sites in the Bournemouth area judged by the council which we all contribute to by keeping our plots well maintained and productive for our own benefit.

We have now won for 5 years running and hope to keep the trophy for yet another year so keep up the good work !

THE GREAT WELLIE BOOT COMPETITION **

The second round of the Wellie boot competition will be judged at the open morning on Saturday 23rd July. In this round, points will be awarded for interesting and well planted Wellies.

Site reminders for all

To help keep our site tidy here are a few requests and reminders from our community

- Please make sure the allotment gates are kept secure. Gates should be locked immediately after entering & exiting.
- There is an area beside the shop for "unwanted" pots for other members to make use of, a useful way of cutting down on plastic waste and reusing pots. However, please only put reusable pots there as it is not a "dumping ground" for broken pots or rubbish.
- Out of consideration for our neighbours please only park on the allotment side of the Lingdale Road.
- Cars are only allowed on the plots for loading or unloading so, if you need to bring your car onto the site, please prepare any items to load and unload so that you can

leave your vehicle on the site for a minimum amount of time to avoid blocking other plotholders.

- Please note that the door on the accessible toilet is automatic Please use the button to open the door. Just and wait the door will automatically open then close. - When exiting the same applies. Unlock door then press button and wait. Please do not try to assist the door as this can damage the mechanism.
- Please remember to fasten the clips on the water butts after use

Thank you for your consideration, thank you also to those members who do their bit to help maintain the communal spaces in so many ways, such as clearing out rubbish left behind or keeping the loos and communal area of the shed clean and tidy.

Plot inspections

Don't forget – if you have difficulty working your plot through illness or other reasons, or if you are Between 31^{st} Aug & $5^{t\dot{h}}$ Sept on holiday and someone else is looking after your plot, please let the Site Manager know at beas.sitemanager@outlook.com

This years plot inspections:

Between 6th & 11th July Between 5th & 10th Oct Between 16th & 21st November

Shop News

If you have had trouble getting slug pellets then join the club! At the moment they seem to be like gold dust.

With the challenge of prices going up, and the change in various items being changed, it does make things rather interesting finding and buying for the shop. However we have recently received a large delivery of compost and some other items.

As you may be aware, due to work and life in general commitments I am stepping down from the Shop Manager role and Peter Clarke has kindly said he will step in to the breach.

With this in mind, I know this is a great opportunity to ask YOU! Could you become part of the committee?

Or would you be happy to add your name doing odd jobs about the place.

We do need help, unloading, grass cutting, painting benches etc!

Open morning will soon be upon us; we would really appreciate your help to have us looking our best.

Thank you for all your support with the shop, and I'm sure I shall see you in there sometime soon.

We would also like to kindly request that if you buy on click and collect - please pay in a timely manner - within 48 hours— we are not a credit organisation and this helps us to keep track of our accounts. For convenience here are our bank details:

Bournemouth East Allotment Society Ltd Sort Code 30-92-02 Account Number 01395758

Please put your plot number and if possible the reference on the invoice received when you bought the goods. Thank you

Annette

Summer on the Plots

Fun in the sun for children on the plots

The allotment can provide a place of calm in summer when the beach is too busy. Please remember that each plot is a private tenanted property and children are not allowed to run around all the plots. However, there are plenty of fun activities for them to do on your plot to get them engaged in growing and enjoying the plot.

Some suggestions from plotholders include:

Build a beanpole tipi that the kids can get inside like a den and they can pick the beans as they ripen.

Build a bug hotel

Have a big tub of water on your plot for the children can to wash your produce but, for health and safety reasons, please don't leave large tubs of water unattended when you leave the plot.

Of course also picking and eating their favourite summer crops is a must!

Summer holidays: Going away? Please contact the site manager or leave a note in the shop.

Exotic Crops

Do you grow or have you noticed any unusual or exotic crops on the plots?

Below and beside is a picture of Kiwi ripened on the plots last year. We also have reports of success with melon and watermelon grown outdoors on our site. They may have been small but they were truly delicious.





Please do let us know of any unusual success, or even failed attempts!

Tomato and Potato Blight

Tomato blight is an airborne fungus which is spread not just by the wind, but also from water splashing onto the stem and leaves. It loves warm, damp weather and can spread to potatoes too.

When affected, the ripening tomatoes develop brown spots that rapidly spread to the leaves and stems. Potato leaves develop similar spots. If identified, please notify a Committee Member, so that other plot holders can be advised.

Once affected, the whole tomato plant and tomatoes must be placed in a sealed bag and removed from site. Do not compost. If potato leaves are affected, the underground crop can often be saved if the greenery is cut off at ground level. Again, remove from site in a sealed bag and do not compost.

Preventative measures

1 Grow blight resistant varieties.

2 Stake the plant well and keep its leaves off the ground, including bush varieties .

3 Avoid wetting the leaves whilst watering .

4 Consider putting a waterproof covering over the plant if rain is forecast .

5 Ventilate well. Remove lower leaves.

6 Avoid planting next to potatoes.



New comers corner - Question and answer tips overheard from the plots

I've got blackfly on my broad beans how can I avoid this?

The blackfly go for the tender young tops, so plant them early, from November, then they will be ready and big enough before the blackfly can get them, if you miss planting them early, pick out the tops so the blackfly are not attracted to them.

How can I get rid of aphids? . Use soapy water (a mixture of washing up liquid and wa-

ter) to spray on the plants, then the aphids can't grip onto the stems.

My tomatoes are spindly, what can I do?—when you plant them out plant them deep, right up to the first leaves it will help them to grow more sturdily

I get a glut of produce all at the same time— Successional sowing is the answer, plant a row every couple of weeks rather than all at once

Is it too late to plant now? In early summer you can plant a second crop of potatoes to have new potatoes at Christmas time, also plant peas to harvest in September and salad crops to pick right through the summer and autumn.

Weeds grow so fast? - Hoeing is an easy way to keep the weeds down. By constantly cutting off the tops you will weaken them so they will eventually die off, little and often is the easiest way.

Spotted on the plots! What is this??



Come to the open morning to find out!

NATIONAL ALLOTMENT SOCIETY AGM

Attending an AGM is often something to be endured rather than enjoyed, however, the National Allotment Society try to make theirs interesting by inviting a speaker or arranging a visit nearby.

This year's was recently held just outside Chelmsford and included an afternoon visit and guided tour of Kings Seeds, who are used and supported by many allotment societies.

THE BUSINESS MEETING

The business meeting was very straightforward, this year, as there were no contentious resolutions to be debated; in fact there were no resolutions at all! The opening speeches by the President and Chairman were amusing and Liz Bunting (Legal and Operations Manager) gave her usual efficient annual report. There was more emphasis on the international picture and the environmental and planning developments that are being launched, together with the Sustainability Charter.

NAS is on a sound financial footing, thanks to the reduction in travel expenses with most meetings being conducted online. The small head office team give real value for money and it is amazing how much so few people achieve. We were introduced to the new Marketing and Publicity officer and the new Development Officer. {The latter will speak at the NAS SW AGM on Wednesday 19th October at 7.00pm). Three Regional Representatives were re-elected, together with the Governance Committee, joined by a further two volunteers. We won't repeat the various speeches and reports here as they can be read in the AGM documents that are in the community area.



KINGS SEEDS FARM

After lunch, we travelled a short distance to the Kings Seeds operation. We both found this fascinating, and not just because of the wonderful field full of sweet peas where we were greeted by the MD.

Given the number of seeds they supply, not just to garden centres and allotment societies, but also to commercial growers and a widespread online community, we thought that the operation is quite small. It is based on the farm that was owned by Mr E W King in the early 1900s and they are now the only wholesale horticultural seed merchant in the country.

SEEDS FROM AROUND THE WORLD

As well as their own-grown sweet pea seeds, they buy supplies in from across the world. All seeds imported must meet DEFRA standards and are tested at the border. If they fail, then DEFRA destroy them – no second chances!) with the costs being met by the suppliers. All batches of seeds received by Kings are then tested in their own laboratory, before being stored, either in a cold room maintained at 10 degrees 24/7, or in the warehouse ready for packing and despatch. Different seeds have different percentage allowances set ranging from about 65% to 95% germination. Kings ask for 99% but seldom get it.



SORTING AND PACKING SEEDS



Some of the machinery they use was very interesting, including this "seed sorter" that is over 120 years old (they showed us the "new" one, bought in 1960!) They set this up overnight, with a large "feeder" above, that slowly releases batches of seeds so that they flow down the spiral. The good seed flows out and is collected at the bottom in one bin while any "rubbish", which is heavier, goes down the inner spiral to a different bin.

The beauty of this is that any good seed that is still mixed with the rubbish can simply be reprocessed again and sorted into the "good" pile.

They have four filtering machines, with over 100 differently graded sieves for different seeds, that are also have large feed hoppers.

They only have 2 packing machines, that put the seeds into the

packets we receive, one by volume, for seeds such as beans and peas, and one by count. The latter inserts the seeds into the foil packs we are familiar with and given a batch number. (N.B. this is important to keep if you have a complaint about lack of germination etc). They are then fed into the packets, with a sensor that determines if the packet has no foil content and thus is discarded.

You will be pleased to hear that orders submitted by those allotment societies affiliated to NAS and individual NAS members take priority when they are processed in November, with the aim that all allotment society orders will be despatched before Christmas. They are treated strictly on a "first come first served" basis – so please ensure that you submit your order early when asked!

Any telephone or email queries are dealt with promptly by one of the team and replacement packs sent as necessary. So, in the event that you receive an empty packet, which they admit sometimes occurs,

don't hesitate to report it to the shop and it will be followed up.

All in all a very worthwhile afternoon with some very pleasant people which ended with homemade cake!

Peter and Lyn Clarke



Assistance Dogs

Some of you will have seen a dog on the site. Whilst our rules state that dogs are not permitted on site, this does not apply to properly registered assistance dogs. We would expect the dog to be in a marked harness.

Learn About Plants Through Art Project

Over May and June, we had the wonderful opportunity to run a funded pilot art project at the BEAS



allotment Big Green Shed. The aim of the project was to offer people a way of getting together and to learn about plants through art. It was also to showcase the

possibilities for the community shed.

Linda Taylor, who sadly passed away recently, was a vital part of getting this project off the ground. She spoke passionately about creating a space which would offer an inclusive area where people can meet, socialise and knowledge share. The proposal for the project was written by Linda and myself and the hope is that the space will continue being used to host relevant workshops and interest groups. The funding enabled this art project to happen and was granted through a host of funders who aim to support projects which boost engagement with the outdoors, nature and general wellbeing.

Our sessions were an absolute delight. As well as having lots of "planty" discussions, we also tried out a range of techniques which focus on



plants. Amongst these was cyanotype printing, (or sun printing), which is a Victorian photographic technique. The process uses the sun to transform pre-treated paper onto which one has laid found plant material, into an effective blue and white print. This was a very happy day, with beautiful sunshine and several generations of attendees, having a lovely time together. Another of our plant adventures was to do bundle

dying using plant material for their natural pigments. We all gathered flowers, leaves, roots in preparation for the workshop, then spent the session arranging them on our premordanted cloth. The excitement was enhanced by the knowledge that we had to wait at least a week to unfurl



them to reveal the patterns. We also had a brief look at what the possibilities are for toning plant dyes with acid (vinegar) or bicarbonate of soda (alkaline).

We also had a couple of sketchbook journaling sessions, where we looked at and explored different ways of using a sketchbook as a personal record of our relationship with plants and growing.

All attendees have been offered a creative resource box containing some gentle invitations and ideas so they can continue their creative journey either on their own or with friends.



The sessions were a great success and participants are planning to continue meeting at the allotments to continue their arty journey in relation to plants. These sessions are open to all plot holders and associates. If you have any ideas for workshops or talks, do let the committee know. Amongst the suggestions so far have been talks on grafting, "no dig", seed saving and permaculture.

We are currently looking at another opportunity where we will have poet, Sarah Acton and myself delivering a gentle session of art and words called Your Season of Stories. ...



This project is funded by the Nature, Art and Wellbeing Community Fund, a collaborative of; National Lottery Community Fund via Stepping into Nature, National Academy for Social Prescribing Fund via Thriving Communities Nature Buddies and Contain Outbreak Management Fund via Your Nature: Dorset Council Better Days, Coast and Greenspace Teams.

For more information please see website at

www.stepin2nature.org

... Please also keep an eye on the notice boards, the BEAS Facebook page and future news letters to get updates on future art and nature opportunities.

Thank you to Linda and Dave for your help setting this up and I hope the legacy continues as Linda intended.

Thank you also to the wonderful BEAS committee and volunteers who made this all work.

Ilse Black

Special thanks go to artist Ilse Black who prepared and delivered such outstanding sessions.

"Ilse is a very good facilitator, interesting, knowledgeable and patient. She really engages and encourages. The preparation she has done is extensive. I've really enjoyed each workshop I attended."

Free ART SESSIONS

Inspired by the artist Ilse Black and her recent Workshops in the Big Green Shed on Bournemouth East Allotments a group of enthusiasts have decided to continue meeting every Tuesday morning 10.00am-1.00pm and continuing the current theme of Art, Nature and Allotments. Of course the Communal area remains open as usual for all plot holders who wish to make a drink or have a break.

Come join the Art and Veg Group All welcome, you do not have to be a BEAS member to come along All you need is an open mind and a keenness to create.

- •Free but we make a small regular donation for the use of the Big Green Shed.
- •Bring your own equipment and share if you wish.
- •No tutor but always an allotment holder present. There is no pressure to commit to all sessions. You may want to dip in and out and that will be fine too.
- •You are in charge of your own health and safety.
- Explore art ideas, techniques and share if you wish.
- •Further information can be found on the BEAS Facebook page.

A huge thank you to BEAS for launching such exciting creative possibilities.

We look forward to meeting new Art and Veg 🖗 devotees

BEAS coach trip to WISLEY RHS Gardens Save the date—14th September 2022

Tickets on sale in the shop from Tuesday 2nd August

Price £15.00

Includes return coach from Beaufort Road car park, and entry into the RHS Wisley Gardens (normal non- member entry alone £15.95!)

Despite everything, only a marginal increase since last time!



Recipe—Atlas Mountain Summer Couscous

This recipe is from the Kabyle or Berber communities of the Atlas mountains, it is a versatile word of mouth recipe which is simple and quick to prepare and it is a light, fresh and tasty dish, perfect for early summer.



The traditional recipe uses young tender broad beans in their skins and chopped into chunks, but any green veg will do such as young green peas or broad beans, or French beans and even other veg such as courgettes can be used, any thing collected from your plot at this time of year.

Ingredients: Couscous—approx. 60 g per person Green veg—choose any that is ready on your plot Yoghurt Lemon juice Salt and pepper Other options to try:	Method: Prepare the couscous: Put dried couscous into a bowl, season with salt and stir in a tablespoon of olive oil Cover with boiling water to about I inch over the couscous, leave to stand for about 10 minutes. When the water is ab- sorbed, gently fork through to loosen it and turn it into a steamer or a colander. Steam for about 15 minutes over a pan of boiling water add a knob of butter and then fork through again to make it light and fluffy,
Use fromage frais instead of yo- ghurt, Add other herbs	Prepare the veg: Steam until tender over a pan of boiling water
Try any other veg (asparagus, fen- nel) Add chopped nuts or pine nuts mixed into the couscous	When all is cooked - turn the couscous into a serving dish. Put the green veg on top, Serve with a good dollop of yoghurt Add plenty of lemon juice and season well with black pep- per.

Allotment Cook Book,



Some copies are still available £7 for members (RRP £8.95)

Contact beas.shopmanager@outlook.com

