Walk 1000 miles Progress chart

NAME

WALK DISTANCE JOTTER

How far is it to...?

.....	MILES
.....	MILES
.....	MILES
.....	MILES
.....	MILES
.....	MILES
.....	MILES
.....	MILES
.....	MILES

100 miles My reward

90 miles My reward

91 92 93 94 95 96 97 98 99

109 MILES THE WORLD 24 HOUR WALKING RECORD!

89 88 87 86 85 84 83 82 81

99 MILES THAT'S 18 MOUNT EVERESTS

80 miles My reward

84 MILES THE LENGTH OF THE HADRIAN'S WALL PATH

70 miles My reward

71 72 73 74 75 76 77 78 79

73 MILES THE FURTHEST YOU CAN SEE FROM THE TOP OF SNOWDON!

69 68 67 66 65 64 63 62 61

60 miles My reward

62 MILES THE DISTANCE BETWEEN EARTH AND SPACE

50 miles My reward

51 52 53 54 55 56 57 58 59

54 MILES THE LENGTH OF THE LONGEST CAVE SYSTEM IN THE UK

49 48 47 46 45 44 43 42 41

40 miles My reward

40 MILES THE DISTANCE BETWEEN OUR NORTHERLY & SOUTHERLY UNITS

30 miles My reward

31 32 33 34 35 36 37 38 39

20 MILES THE DISTANCE BETWEEN OUR EASTERLY & WESTERLY UNITS

29 28 27 26 25 24 23 22 21

20 miles My reward

Colour in these big numbers!

13.6 MILES THE HEIGHT OF THE TALLEST MOUNTAIN IN THE SOLAR SYSTEM – OLYMPUS MONS ON MARS

10 miles My reward

11 12 13 14 15 16 17 18 19

AT **5.5 MILES** YOU'VE WALKED THE HEIGHT OF MOUNT EVEREST

Pick a treat!

Colour in the stars each mile – get a badge at the pink-edged ones!

9 8 7 6 5 4 3 2 1

CHALLENGER DEEP IS THE DEEPEST PART OF THE OCEAN AT **6.86 MILES**

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Cambridgeshire West

WE DISCOVER, WE GROW

Girlguiding

Do something *incredible* in 12 months: walk1000miles.co.uk, from Country Walking magazine