

Daniel Chapter 1

The Bible tells us that God gave His people a country called Judah to live in.

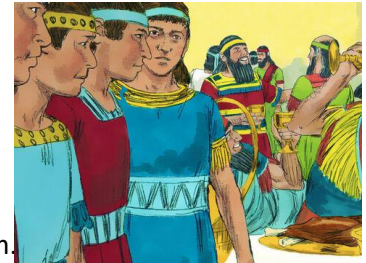
Many of the people were not doing what God asked them to do.

God allowed a King from another country to come and take over the land and people.



Many of the people were captured and taken away to the far away land where the King lived.

A young man called Daniel and three of his friends were taken to live in the Palace. It must have been VERY scary for them.



The King gave them a lot of food, but the Bible tells us that Daniel made up his mind not to eat some of it.



It may have been because the people sometimes prayed to false gods and used the food to try and please these gods. Or, it may have been foods that God had told His people not to eat. Everyone did what the King asked as they were afraid of him.

Daniel knew God would not be pleased if they ate this food. Daniel asked the man who worked for the King if himself, and his three friends, could eat just vegetables and drink only water.



The man he asked was afraid! The King would be angry if they did not look healthy. The king wanted good students who were healthy.

No one wanted the scary King to be angry! Daniel had an idea.

He asked if they could try out eating vegetables and drinking water for just 10 days, and see how they looked after 10 days. The man said yes!



10 days

Do you think it was easy to say no to all the fancy foods?

No, but these young men wanted to please God.

God must have been pleased because the Bible tells us that after the 10 days went by, Daniel and his friends looked much healthier than the other young people eating all the fancy food!



Daniel and his friends were far away from home but they did not forget what they had been taught about God, they wanted to please God. We should always listen carefully to Bible lessons, and try to learn our memory verses, it helps us to remember what God wants us to do.



“Thy Word is a lamp unto my feet...” Psalm 119:105 KJV