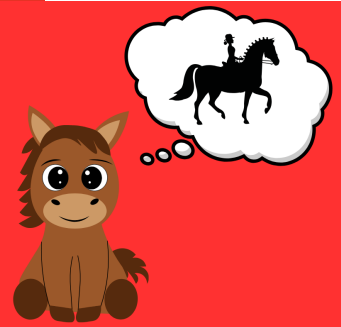




Ride Together ★ Train Together ★ Compete Together ★ Have Fun Together



Lead Rein Dressage Classes

Dressage is fun and you can compete at all levels including lead rein. At our dressage competitions we will be having separate lead rein sections within the Introductory dressage test classes using the new British Dressage Intro tests 1 to 4.

Here are some helpful tips and **do's** and **don't's** to help lead rein riders and handlers have a successful competition and enjoy competing in dressage.

- **Do** ride with a snaffle bit. All Intro tests **MUST** be ridden in a snaffle bridle. At the end of this document are pictures of what bits are allowed and what are not.
- **Don't** wear spurs. Spurs should **NOT** be worn at Intro level.
- **Do** carry a dressage whip if you wish. Dressage whips are allowed, to be carried by the rider.
- **Don't** overuse the whip.
- **Do** attach the lead rein to a cavasson noseband.
- **Don't** attach the lead rein to the bit rings, a flash (it can be on the cavasson part of a flash above the bit) or drop noseband. The rider needs to be able to steer the pony/horse independently.
- **Do** use the correct type of lead rein, an example is in the picture below.



- **Don't** use a lead rein with a chain or one that you would use on a headcollar.
- **Do** make sure you lead the pony correctly. Handler/leaders should be positioned at the shoulder, and there should be a reasonable length to the lead rein.
- **Don't** drag forward or hold the pony back if you are the handler.
- **Do** hold the lead rein with the outside hand, so that the inner hand may be used in an emergency situation to help the young rider. A good idea is for the handler to put their inside hand behind their back and only use this hand in an emergency situation.
- **Don't** give the rider verbal instruction if you are the handler as this is classed as outside interference and will be penalised as use of voice with a -2 mark for every movement where the voice is heard.
- **Do** have a separate commander to call out the test in addition to the handler/leader if you cannot remember your test.
- **Don't** be scared of the judge! The judge wants you and your horse/pony to do your very best and give you good marks.
- **Do** ride to your markers. You will get better marks for accuracy.
- **Do** practice the shape of your circles. Again, you will get better marks for accuracy.
- **Do** smile at the judge!
- **Do** remember to salute at the end, with the reins and whip in one hand and salute with the free hand.

And most importantly:

- **Do** have fun!

Bits And Other Equipment

Bitting Rings and cheeks

Any combination of permitted cheeks and permitted mouthpieces can be used under BD rules.

Item	Illustration	Status
Eggbutt (also permitted for bridoons)		✓
Loose ring (also permitted for bridoons)		✓
Sleeved cheeks (Not for use as a bridoon)		✓
Shaped sleeved cheeks		✗
Full cheek or Fulmer (Not for use as a bridoon)		✓
Hanging cheek or Baucher (Not for use as a bridoon. Please note Fager Loose Ring Baucher is not permitted)		✓
D-ring (Not for use as a bridoon)		✓
Various gag cheeks		✗
Myler (or similar) cheeks for use with hooks		✗
Bevel bit or cheeks		✗

Item	Illustration	Status
Ported un-jointed bit		✓ Not for use as a bridoon.
Mullen Mouth (including flexible mouthpieces)		✓ Not for use as a bridoon.
Double jointed snaffle (including French Link and double ball joint)		✓
Single jointed snaffle including lock-up (NB lock up snaffle may not be used as a bridoon)		✓
Bits with a central plate		✗
Cable double jointed bit		✗
Ported Barrel		✓ Not for use as a bridoon.

Bitting Accessories and clips

Item	Illustration	Status
Bit guards		✗
Elastic inserts for rein/cheek pieces		✓
Bit clips on ergonomic bridles or loops on full cheeked snaffles		✗
Latex tape that forms bit guard		✗
Curb chain cover (May be leather, rubber, sheepskin or neoprene)		✓
Curb bar/chain		✗
Elastic curb chain		✗

Item	Illustration	Status
Cable single jointed		✗
B-ring snaffle		✗
Dr Bristol		✗
Mouthpiece with single rotating central piece		✓
Jointed barrel mouthpiece		✓
Low ported barrel		✓
Double jointed plastic bit		✓
Straight bar with textured mouthpiece (various material including Happy mouth)		✗
Hippus CT100		✗
Kimblewick or Magennis		✗
Flex control bit (Not permitted as a bridoon)		✓

Equipment Additional accessories/equipment

Item	Illustration	Status
Fly veil/hood		✓
Infrared fly veil/poll guard/saddlecloth/bitnum ears (ears only)		✓
Nose net (use with strap on the chin not permitted)		✓ Not permitted under FEI rules
Face masks		✓ Not permitted under FEI rules
Hoof boots		✗
Neck straps		✓
Ear plugs (Only permitted for prizegivings or inspections)		✗

Item	Illustration	Status
Rotating baucher		✗
Winning Tongue Plate NP Bit (any type)		✗
Various mouthpieces (including leather mouthpieces)		✗