

**The following ARE permitted:**

- English and continental type saddles
- Introductory, Prelim and Novice tests
- Miklem Bridles are allowed as snaffle bridles with permitted bits only at any level
- Elementary and above tests – ordinary snaffle or double bridles
- Nosebands are compulsory (drop, flash, crossed (including grackles) or cavesson) with a snaffle. For double bridles a cavesson noseband only
- Discreet padding of the bridle at the poll or noseband
- Nose nets & Equilibrium Net Relief Riding Masks or similar that are discreet but must leave the mouth and bit visible
- Breastplates, cruppers and balancing straps
- Neckstraps at any level
- Ear covers and fly hoods are permitted for all competitions, and may also provide noise reduction. Ear covers/fly hoods must not cover the horse's eyes and should be discreet in colour and design.
- A gel pad, memory foam or sheepskin seat saver provided it is unobtrusive and matches the colour of the saddle
- Anti-fly impregnated brow-bands or fly repellent discs
- Saddle cloths and numnahs - see G21.1
- Sponsors logos on clothing (see relevant discipline)
- A stallion disc **MUST** be displayed on each side of a stallions bridle at all times
- Side saddles (Pure Dressage only)
- Diamanté plaiting bands
- Bridle/saddle pad number (if worn, must be shown on both sides)
- Quarter marks, if used, must be simple with no glitter or colouring.
- **Hoods (provided they do not obstruct the horses vision in any way)**
- **Fair Rider Spurs**

**The following ARE NOT permitted:**

- Martingales
- Double bridle (except pure Dressage at Elementary and above)
- Bit guards, tongue guards and tongue straps or tying down the horses tongue
- Boots and bandages (except in warm up)
- Substitutes for conventional shoes (except in warm up)
- Elasticated reins
- Side saddles (except pure Dressage)
- Saddle covers
- Market Harborough, side, draw, check or running reins
- Hackamores and other bitless bridles
- Blinkers
- Ear plugs (Spot checks may be carried out – evidence of use for sound muffling may incur elimination)
- Fine wire, twine or cord around the horse's mouth
- Sheepskin cheek pieces or any other attachment that may affect the horse's vision.
- Belly bandages/spur guards
- Shields that cover the horses' eyes (i.e. glasses or sunglasses for horses) are not permitted at any time when mounted or exercising, including while lungeing.

You may not warm up in equipment not permitted in the actual test except where specified. Where this list does not specify, please see the relevant disciplines guidelines.

Please see the BD Approved Tack Guide for a pictorial guide on permitted bits available on the BD website: [www.britishdressage.co.uk/rules](http://www.britishdressage.co.uk/rules)