

The Arundel Castle Cricket Foundation are offering:

Safe “PLAY ZONES” for families with children with special educational needs and / or disabilities

- **Cost – Free**
- **Location – Arundel Castle Cricket Foundation, Arundel Castle Cricket Ground, Arundel, West Sussex, BN18 9LH [Click [here](#) for directions to the ground] SAT NAV CODE - BN18 9BA**
- **Times – Book a play zone for one of the slots that suits you – email richard@arundelcastlecricquet.co.uk to book a zone. For more information, please feel free to contact Richard – 07519 141545.**

The times available are as follows, unless stated:

Thursday 2nd July - 2.00-3.30pm, 4.00-5.30pm, 6.00-7.30pm

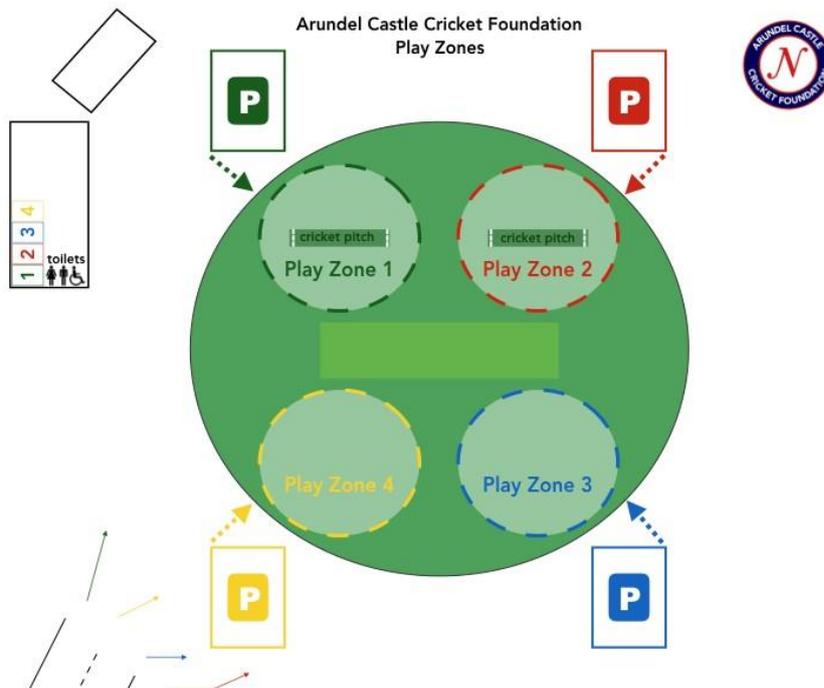
Sunday 5th July – 10.30-12.00pm, 12.30pm-2.00pm, 2.30-4.00pm

Thursday 9th July - 2.00-3.30pm, 4.00-5.30pm, 6.00-7.30pm

Sunday 12th July - 10.30-12.00pm, 12.30pm-2.00pm, 2.30-4.00pm

- **Zone activity – there are 4 zones reserved for Households, each of which is colour coded – 1 household per zone; zones 1 & 2 will have a small cricket pitch marked out, and zones 3 and 4 will have no markings. However, the message is simple – use the zone to be active in whichever way you choose.**
- **Parking will be right next to your Play Zone**
- **Page 3 of this document provides more background behind this event and some guidelines.**

- For a visual illustration of how this will work, please see the 4 images below:





INTRODUCTION

We know how important it is for people to be active for good physical and mental health, and this applies to ALL irrespective of ability, age, gender or race.

Based on the adjustment of lockdown restrictions, families living within the same household are able to undertake unlimited exercise. Furthermore, many public spaces are now available to do so.

However, we believe public spaces may not be ideal spaces for Households with children with special educational needs and / or disabilities.

With that in mind, here at the Arundel Castle Cricket Ground, we have designed a systems of zones that will enable families (same households only) to have their own zoned off space to be active, in a way that complies with all Government advice. They include measures to limit hand to shared surface contact and minimise unnecessary interactions with others.

Arundel Cricket Ground is a private space in the stunning grounds of the Duke of Norfolk Estate.

GUIDELINES

These guidelines have been produced in line with the Government guidance on public spaces, outdoor activity and exercise published on 11 May 2020, which can be read on the Gov.uk website.

At all times, players should adhere to the Government's social distancing guidelines, (staying at least 2m away from others), and practice public health advice for hygiene.

IMPORTANT: Do not leave your home to come to Arundel if Government advice means you should stay at home because you or someone you live with has or has had symptoms of COVID-19, or you are in the most vulnerable category and have been advised to shield from the coronavirus.

SECTION 1: BEFORE & AFTER VISIT

STAY UP TO DATE

- Keep up to date with all Government information around social distancing
- If the weather forecast predicts rain, please contact Richard on the number above

BEFORE LEAVING HOME & AFTER YOU RETURN

- Wash your hands with soap and water for at least 20 seconds before leaving home (or use an alcohol gel if washing hands is not possible)

"ZONE" BOOKINGS

- Please book a “Zone” by emailing richard@arundelcastlecricket.co.uk

EQUIPMENT

- Take hand sanitizer with you
- Sports equipment will be provided but you are requested to bring your own equipment if you have it – any ACCF equipment used will be cleaned between usage.
- Only take the minimum amount of equipment with you that you need to play
- Bring water and food as none will be provided
- If you own one, it may be worth bringing a parasol to provide shade from the sun.
- Ensure you take all your belongings with you at the end of the session and do not leave anything in your zone

TRAVELLING TO AND FROM THE ZONE

- Arrive as close as possible to when you need to be there
- Avoid touching court gates, fences, benches, etc. if you can
- Allow others to leave before you enter the Play Zone - if you need to wait then do so away from the zones
- Ensure you leave the Zone before the end of your allotted time so that it is empty for the next families
- Arrive changed and ready to play.
- Do not congregate after playing.

SECTION 2: DURING PLAY TIME

ZONE LIMITS

- Maximum of 5 people per zone and all attendees must be from the same household

MAINTAIN SOCIAL DISTANCING

- Do not approach other Zones
- Should any balls leave your zone, someone else will retrieve for you

FACILITIES

- We recommend you do not use our toilets. However, if they are required, a toilet will be available for EACH zone, and there will be 1 disabled toilet if required.

HYGIENE

- If you need to sneeze or cough, do so into a tissue or upper sleeve
- Avoid touching your face