

The Arundel Castle Cricket Foundation are launching a:

“TARGET ZONE” CRICKET COMPETITION

The Arundel Castle Cricket Foundation (ACCF) “uses the power of cricket, recreation and our unique, historic setting to inspire and enhance the education and development of disadvantaged young people”.

Arundel Cricket Ground is a private space in the stunning grounds of the Duke of Norfolk Estate.

Further to recent government and ECB guidelines, the ACCF is using its venue to provide an activity that complies with all restriction guidelines. Whilst we acknowledge and hope that many cricket clubs may be running their own similar small sided coaching activities, we are conscious that many young people remain starved of physical activity, particularly in a socially interactive form.

So, the ACCF is offering the following 2 options:

Option 1

- **“Target Zones” Days – for U10 teams (community groups, friends, schools, clubs) to test themselves against the challenge; this will initially take place on the following days & times:**
 - **Saturday 4th July – 2.30-3.45pm (4 teams max) & 4.00-5.30pm (4 teams max)**
 - **Saturday 11th July – 2.30-3.45pm (4 teams max) & 4.00-5.30pm (4 teams max)**

N.B. teams are not competing against each other; they are completing the activity and posting a score.

Option 2

- **“Target Zones” slots specifically for targeted groups, including for older age groups, and will be by invitation only; times will be arranged directly with these groups.**

For Option 1:

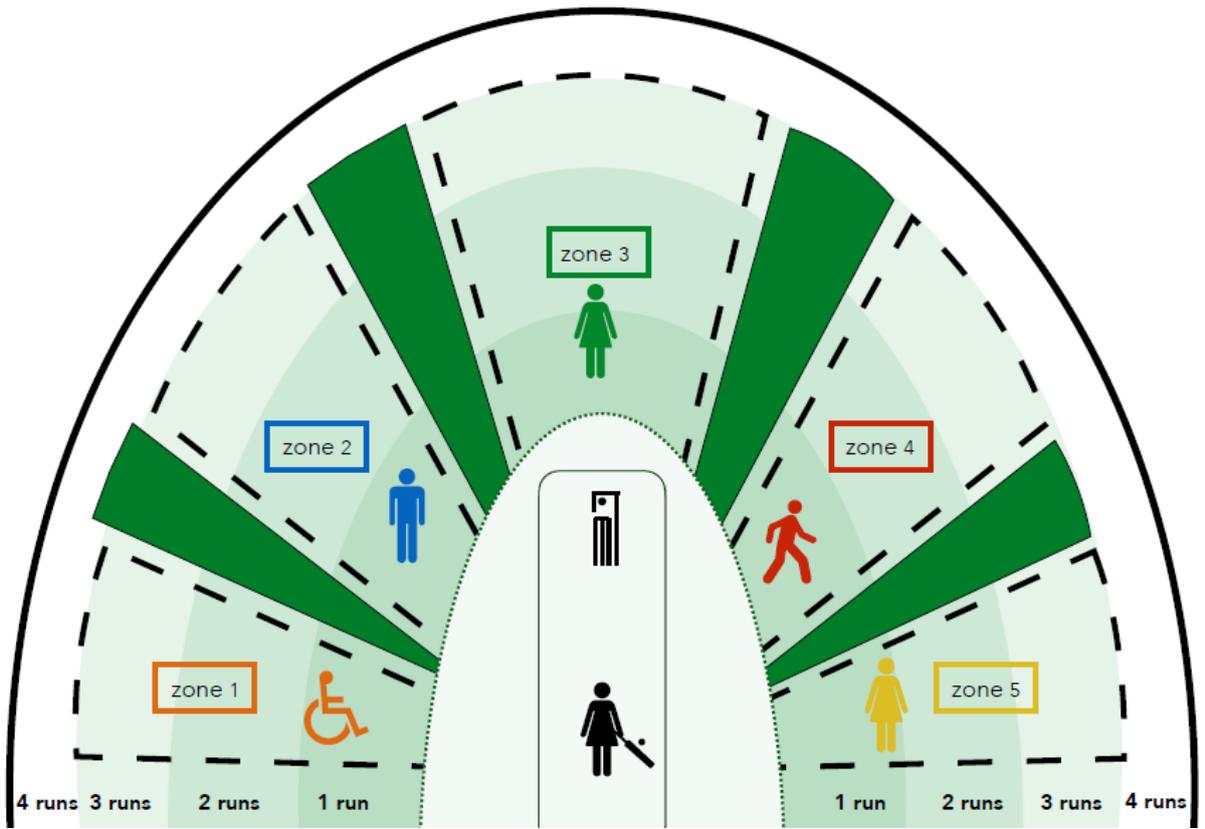
- Teams will consist of 6 and should be accompanied by a coach or parent helper who will support the activity by feeding and scoring
- The team will undertake a coaching drill aiming at targets
- Players should be aged 10 or under as at August 31st, 2020
- The total runs scored will provide that team with a target which will be posted on the Arundel Castle Cricket Foundation website and social media
- To book a slot, or for more information, email richard@arundelcastlecricket.co.uk
- Prize – the winning team will receive a free coaching session from ex England Women and ex Sussex CCC Head Coach Mark Robinson OBE

For Option 2:

- Teams will consist of 6
- The team will undertake a coaching drill aiming at targets
- The total runs scored will provide that team with a target which will be posted on the Arundel Castle Cricket Foundation website and social media
- To book a slot, or for more information, email richard@arundelcastlecricket.co.uk
- Equipment requirements will be discussed with each attending team

For Option 1 & 2:

- Cost – Free
- Location – Arundel Castle Cricket Foundation, Arundel Castle Cricket Ground, Arundel, West Sussex, BN18 9LH [Click [here](#) for directions to the ground]
SAT NAV CODE - BN18 9BA
- Each batsman faces 12 balls and then fields in a “zone” for the other 5 batsmen. The drill will be run twice for each team.
- Targets are in place to score points. Each zone scores 1, 2, 3 or 4. If a ball ends in the “dead zone”, no runs are scored
- Each team of 6 will add together the score of all batsmen to give them a team total
- For a visual illustration of how this will work, please see the 2 images below:



Further Guidance

The government and ECB have released these guidelines respectively:

Government:

“From Monday 1 June, people in England will also be able to exercise outside with up to five others from different households. That means small groups of sport teams can resume fitness sessions, but social distancing guidelines must be maintained.”

ECB:

Website link: <https://www.ecb.co.uk/news/1676621/updated-guidance-for-return-to-activity-in-a-club-setting>

In addition, the Arundel Castle Cricket Foundation will be operating with the following guidelines:

Parking

Parking will be right next to the playing area; parents of children are welcome to come and watch but they are requested to either stay in their cars maintain a 2m distance from any other attendees. There are ample great vantage points.

Shared equipment

For U10 teams – we will be using tennis balls; only a bat is required, and players are asked to bring their own bats. If a child does not have a bat and would like to use, please let us know and we will instigate the pre and post cleaning process.

For the older age range (exact age to be discussed with each group) – a Junior Bola machine will be used, with soft junior Bola balls

Where used, the bowling machine will be set on 10 second feed.

Toilets - All players and guardians are requested not to use our toilets and to use their own before they attend – as per ECB guidelines. However, in case of emergency only, toilets will be available, but we must be advised of usage to enable us to maintain a suitable cleaning regime.

Travel – each child (unless from the same household) must travel separately to the ground. Avoid public transport. Please leave the area as soon as your designated slot is complete – please do not stay to socialise.

Safeguarding – our standard safeguarding policy applies – see

<https://www.arundelcastlecricketfoundation.co.uk/safeguardingpolicystatement.html>

Hand cleaning – Children are encouraged to wash their hands with soap and water for at least 20 seconds before and after visiting the club. In addition, a table will be based behind the stumps, outside of the playing area, with hand sanitiser(s) on it, however you are encouraged to bring your own hand sanitiser with your name on it. Participants are encouraged to use these before and after play. Avoid touching as much as possible whilst on club premises and use cleaning stations whenever available.

Wet weather contingency - there will be no indoor provision so, if the weather is deemed unplayable, the activity will either called off in advance or abandoned if it has commenced.

Pavilion – no part of the pavilion will be open

Nominated representative – Richard Davies if ACCF's nominated representative, appointed to undertake the role of managing the facility during a booked session.

Arrival - try not to arrive too early, aim to arrive at the start of your slot to help with social distancing.

Drinks - bring your own filled drinking bottles. No food or drinks will be available.

Property – Please double check not to leave private property behind.

Bodily fluids - No spitting. No saliva or sweat should be applied to the ball at any time.

Whilst stated in the ECB guidelines, we feel the need to re-iterate the following:

We still need to take precautions

At this time the use of outdoor facilities is only permitted for people from the same household, for individuals using the facilities alone or for a small group size of a maximum of six (6) people who are maintaining recommended social distancing measures.

It is important to remember that the following advice still applies, and it is key to remind any participants, those operating the nets and those maintaining the grounds of these rules:

- Anyone displaying symptoms of COVID-19 (temperature above 37.8 °C, a persistent cough, breathing problems, a new loss of taste or smell or other symptoms identified by the UK Government) must stay at home and self-isolate in accordance with the UK Government guidance here.
- All members of the same household must do the same even if they do not display symptoms.
- Those with an underlying health condition which makes them 'clinically extremely vulnerable' and who have been advised to shield must follow specific UK Government advice – refer to current UK Government guidance.
- People aged 70 and over are advised to minimise their contact with others outside of their household as per current UK Government guidance.
- Social distancing is key to minimising transmission of COVID-19, maintaining a distance of two metres between people still applies if individuals are not from the same household (see here).
- Please inform us of any infection in any individuals household following use of the facility to allow effective contact tracing and to limit the spread of the virus.