

Ginger Shots

SIMPLE RECIPE

Ingredients

Base

- 25g fresh ginger
- 1x lemon
- 1 x lime
- 1 cup of kindness.
- Dash of cayenne pepper
- Dash of Turmeric.

You will need a blender and a mesh filter bag (I got mine from eBay)

Directions

1. Chop the ginger roughly and add to blender.
2. Add the juice of 1 x lime and 1 x lemon
3. Add a pinch of cayenne and pinch of turmeric.
4. Add 2 x cups of water and blend.
5. Filter by tipping the contents from the blend into the mesh filter and squeeze into a measuring jug.
6. Decanter, Pour into a pint jar, and you can top up with apple juice, water or coconut milk

Notes

Enjoyed best when shared



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