

# ARTISTS in ACTION

## Helen Sill

### *Power of Stitch*

Helen Sill combines her love of drawing with textiles to create works about human experience. Surface stitchery and re-purposing of materials are a fundamental part of her art practice. She is inspired by the everyday and explores the spaces where daily life and art meet. Images in her work are informed by drawings of her surroundings, tales of human relations, their social context and connections between different communities and cultures.

Helen travelled around Gujarat in North West India last autumn which has further inspired her practice and curiosity around art and community. She will be leading a group textiles tour to India in October 2020.

She is now studying for her Master's Degree in Fine Art and is currently writing a paper on why textiles are good for topping up your 'Waah!'

Helen was awarded a scholarship by the Embroiderers Guild in 2015 and continues to work with the Guild to promote stitch as an art form.



In 2018 Helen was artist in residence at Chichester Festival Theatre where she worked with and responded to the theatre community to create a solo exhibition.

[www.helensill.com](http://www.helensill.com)

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*Helen gives talks about her work and exhibits regularly. She runs community based workshops for adults and children. Helen sees herself as an 'art activist', helping to bring other people's stories to life as well as her own.*