

## Men's Super 5s

	Team	P	W	D	L	F	A	GD	Pts
1	Solihull	8	7	0	1	88	52	36	14
2	Manchester	8	4	2	2	74	52	22	10
3	Polytechnic	8	4	1	3	71	69	2	9
4	Cheltenham	8	2	2	4	68	84	-16	6
5	Lancaster	8	0	1	7	54	98	-44	1

## Women's Super 5s

	Team	P	W	D	L	F	A	GD	Pts
1	Otter	8	5	3	0	58	41	17	14
2	Liverpool Lizards	8	5	1	2	77	55	22	11
3	Manchester	8	3	3	2	48	41	7	10
4	Coventry	8	2	1	5	55	72	-17	5
5	Sheffield Sharks	8	0	2	6	40	69	-29	0

## Men's Champ 3

	Team	P	W	D	L	F	A	GD	Pts
1	Manchester Hawks	7	7	0	0	95	42	53	14
2	Otter	7	5	0	2	80	64	16	10
3	Cheltenham Spartans	7	5	0	2	68	63	5	10
4	Rotherham Metro	7	3	0	4	72	79	-7	6
5	Bridgefield	7	3	0	4	87	80	7	6
6	Birmingham	7	3	0	4	75	77	-2	6
7	Ealing	7	2	0	5	82	91	-9	4
8	Hucknall	7	0	0	7	51	114	-63	0

## Women's Champ 2

	Team	P	W	D	L	F	A	GD	Pts
1	Mid Sussex Marlins	5	5	0	0	76	31	45	10
2	City of Bristol	5	4	1	0	47	24	23	9
3	Birmingham	5	4	0	1	54	28	26	8
4	Southampton	5	2	2	1	43	33	10	6
5	Sheffield Stingrays	5	1	2	2	44	45	-1	4
6	Cheltenham	5	1	0	4	29	47	-18	2
7	Welsh Wanderers	5	0	1	4	28	58	-30	1
8	Manchester Comets	5	0	0	5	26	81	-55	0

## Bonus Ball

The following Numbers  
are still available

**6,7,10,12,14,18,19,26,29,  
34,37-45,47-59**

Please contact

comwpc@hotmail.co.uk

and support the club.

## Senior teams Super 5's Finale weekend televised on Sky Sports.



City of Manchester senior men's and women's team's finished second and third after the final weekend of this years British water Polo League Super 5's . Both teams loosing to eventual champions Solihull and Otter. They went on to beat local rivals Lancaster and Liverpool in the final matches of the season played on the Sunday. The Hawks topped Champ 2, remaining unbeaten throughout the campaign.

## Five CoM players in the junior men England team for the EU Nations competition in Prague



The City of Manchester were well represented in the recent Junior men's competition held in Prague.

The team was captained by Christian Thompson and also included CoM players Thomas Yates, Tom Roche, Ciaran Byrne and Luke Roach.

The team were competing against an older age group but gained much experience finishing a creditable fourth.

## Water Polo Adult Beginners Course

**Taster Session FREE**

Want to learn the skills of water polo and get fit ?

Join our adult beginners session at Manchester Aquatics Centre. You will learn the rules and basic skills.

Eggbeater, throwing and catching the ball, swimming with the ball, shooting and defence.

Basic swimming is required all other things will be taught by our qualified international coaches.

**Monday 21.00-22.00**

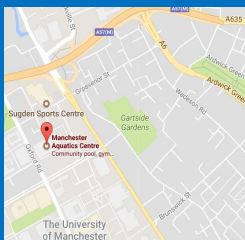
Manchester Aquatics Centre

2 Booth St East

Manchester M13 9SS

Contact Email: [comwc@hotmail.co.uk](mailto:comwc@hotmail.co.uk)

Web: [manchesterwaterpoloclub.co.uk](http://manchesterwaterpoloclub.co.uk)



## Bonus Ball Winners Jan-March

06-Jan	50	rollover	
13-Jan	5	Adele Gaunt	22.00
20-Jan	47	rollover	
27-Jan	16	Kevin Williams	22.00
03-Feb	38	rollover	
10-Feb	13	Tara Green	23.00
17-Feb	56	rollover	
24-Feb	7	rollover	
03-Mar	36	Mike Glover	25.00
10-Mar	50	rollover	

## Bank Holiday Mondays 7 & 28 May

Evening sessions at Beswick and MAC cancelled

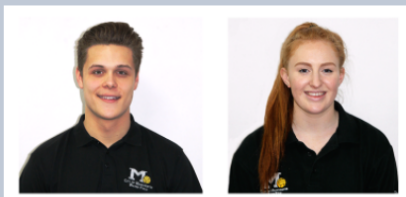
Instead MAC 15:00 - 16:30 Girls/Wom/03/04

boys 16:30 - 18:00 Men/Hawks/02/01 boys

No sessions Thursday 10 and Friday 11 May at Beswick due to European Junior Men's Qualification Tournament.

Saturday 28th July - Wednesday 1st August 30 places available.

- \* Dry land and wet team building activities including raft building.
- \* Strength and conditioning sessions by qualified S&C coach plus nutrition workshop.
- \* Residential camp with all meals and transport to and from the facilities included.
- \* Individual technical skills analysis and feedback.
- \* Meet a Water Polo Olympian. Free souvenir T shirt.



Coaching will be headed by Great Britain Senior men and women players Dan Paddon and Izzy Howe.

Overseen by GB Senior Women's coach Theo Nousios and 2016 "Water Polo coach of the year" Andy McGinty.

[CLICK HERE](#) to book now and reserve your place £ 550.00. Early bird discount 5% if booked by the end of March.

Email: [timeoutcamps@hotmail.com](mailto:timeoutcamps@hotmail.com)



## NAG's 2018



**Gold** for the U17 Boys **Silver** for the U19 Girls and **Bronze** for the U19 Boys was the tally of medals at this year's NAG's. Christian Thompson was voted MVP and Cullum Fookes Best goalkeeper in the U17 Boys' competition.

It was a great weekend of Water Polo with a large crowd cheering on the U17 who beat Watford in the final.

The U17 Boys B and U17 Girls both competed in the Plate competition winning a game each and gaining much experience in front of a large audience.

The Water Polo Management Group are delighted to announce the schedule for the LEN European Qualification Tournament for U19 junior men May 11-13 in Manchester.



LEN European U19  
Men's Water Polo  
Tournament  
**Manchester**

Great Britain take on Lithuania in their opening fixture on Friday 11th at 1900hrs, and Ukraine the following evening at the same time. After Ukraine and Lithuania play their final match on Sunday morning, Great Britain will take on Greece at 1130hrs.

#### Ticketing Info

The Management Group are deeply indebted to the Local Organising Committee who have previously hosted 2 extremely successful tournaments at the East Manchester Leisure Centre.

Mark Ray said, "the number of volunteers who can come together to produce such a seamless tournament is testament to the dedication we have from those within the sport and those recruited through the City Council. These events could simply not go ahead without the superb support and vision of Manchester City Council, the City of Manchester Club, and local universities."

Tickets are very limited, with fewer than 100 available for each session. Applications for tickets should be made on this form and sent to [mrmsray@gmail.com](mailto:mrmsray@gmail.com). Early application is recommended, as tickets for the last event sold out in 2 weeks!



#### 2018 Water Polo Festival

##### EVENT INFORMATION

Date: Saturday 7th July 2018  
Time: 10.00 – 18.00 (finish tbc when entries confirmed)  
Venue: Manchester Aquatics Centre, M13 9SS  
Age Groups: Born 2004 and later (max 16 teams)  
Born 2006 and later (max 14 teams)  
Entry Fees: 1 team £60  
Additional teams £40 each

**NOTE** If we are oversubscribed we will only accept one squad per team. This is in the interest of a better stronger competition and this will be clarified when all the entries are in and confirmed.  
We are looking for volunteers to help referee some games and assist on the tables, please can you let us know if you're willing to assist.

Closing date: **Friday 26th June 2018**

On line Entry Form available at [www.manchesterwaterpoloclub.co.uk](http://www.manchesterwaterpoloclub.co.uk) or [click here](#)

Matches in both age group competitions will be played on a league basis leading to classification matches and finals. The actual configuration of the leagues and length of matches will be dependent on entries.

Teams can be all male, all female or mixed.

2004+ competition full size goals and size 4 ball  
2006+ competition mini polo goals and size 3 ball

Pitch length will be shortened to across the main pool (21m) and will be 2m deep  
Diving pool pitch at 25m and 2m deep.

Prizes for winning teams in each age group  
Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each age group  
Certificates for all participating players

Spectator's £5 adults  
£2.50 children & seniors  
£10 family ticket



## Presentation Evening June 29th Keep this date Free

We are looking for **volunteer's** for the festival. July 7th.

Referees, table officials, helpers. Please let your coach know you are available or Email

[comwpc@hotmail.co.uk](mailto:comwpc@hotmail.co.uk)