

Men's Div 1

Team	P	W	D	L	F	A	GD	Pts
1 Solihull	7	4	2	1	82	67	15	10
2 Polytechnic	7	4	1	2	75	62	13	9
3 Manchester	7	4	1	2	65	58	9	9
4 Lancaster	7	4	0	3	62	58	4	8
5 Cheltenham	7	3	1	3	67	71	-4	7
6 Sheffield	7	2	2	3	62	74	-12	6
7 Invicta	7	2	1	4	75	79	-4	5
8 Caledonia	7	1	0	6	61	82	-21	2

Women's Div 1

Team	P	W	D	L	F	A	GD	Pts
1 Manchester	7	7	0	0	85	29	56	14
2 Liverpool Lizards	7	5	0	2	97	48	49	10
3 Otter	7	5	0	2	86	39	47	10
4 Coventry	7	5	0	2	71	65	6	10
5 Sheffield Sharks	7	2	1	4	50	63	-13	5
6 Caledonia	7	1	1	5	45	86	-41	3
7 Hucknall	7	1	1	5	31	87	-56	3
8 Leeds Sharks	7	0	1	6	27	75	-48	1

Men's Div 4

Team	P	W	D	L	F	A	GD	Pts
1 Manchester Hawks	7	6	0	1	83	57	26	12
2 Cheltenham Spartans	7	5	0	2	79	77	2	10
3 Hucknall	7	5	0	2	87	71	16	10
4 Otter	7	4	0	3	85	68	17	8
5 Rotherham Metro	7	3	0	4	75	72	3	6
6 York	7	3	0	4	68	81	-13	6
7 Tyldesley	7	1	0	6	82	99	-17	2
8 Invicta Marlins	7	1	0	6	64	98	-34	2

Women's Div 2

Team	P	W	D	L	F	A	GD	Pts
1 Liverpool Liver Birds	7	6	1	0	109	37	72	13
2 Penguin Emperors	7	6	0	1	82	47	35	12
3 Tyldesley	7	4	1	2	63	47	16	9
4 Otter Lutra	7	4	0	3	63	54	9	8
5 English Roses Masters	7	4	0	3	56	50	6	8
6 Welsh Wanderers	7	1	1	5	49	73	-24	3
7 Southampton	7	0	2	5	38	70	-32	2
8 Manchester Comets	7	0	1	6	36	118	-82	1

Cash For Kids Appeal

East Manchester Leisure Centre

"We are running the Key 103 Cash for Kids appeal, could you possibly make donations towards this"

In summary, we are getting customers and staff to donate new toys/money at the centre until the 14th December, they then get taken to Trafford Park for distribution to disadvantaged children ahead of Christmas day.

Any kind of donation would be a big help.

Both Senior teams make Super 5's

City of Manchester senior men's and women's teams have made it through to the Super 5's of the British Water Polo League. The men saw a tense finish beating Lancaster and Solihull on the final weekend. They join Solihull, Polytechnic, Lancaster and last years champions Cheltenham who eased out Sheffield.

The women had a much easier passage topping the group after the completion of the phase one matches and remain unbeaten. They are joined by Liverpool, Otter, Coventry and Sheffield.

The Hawks will play phase 2 in Championship 3 after topping Men's Division 4.

The Comets will compete in Championship 2 with a much changed team.

Manchester Host U21's EU Nations

After an exciting weekend of polo in Manchester, both our England's U21 men's and women's teams emerged as EU Nations champions, with Denmark securing silver in the men's event and Scotland the bronze. In the women's event, the Czech Republic took silver and Scotland the bronze medal position.

The City of Manchester senior men made up the teams in the men's competition after a late withdrawal. They beat Scotland and Denmark narrowly losing to the England U21s.

The U21 men included City of Manchester players Harrison Barker-Smith, Michael Patterson, Ben Ray, and Isaac Wass. The women Steph Whittaker Annie Clapperton Emmie Rose Eastwood, Niamh Campbell-O'Donnell and Jordan Parsons.



Pictured

CoM players Annie Clapperton and Steph Whittaker who were MVP and top goal scorer for the England U21 Women's team.

Water Polo Adult Beginners Course

Taster Session FREE

Want to learn the skills of water polo and get fit ?

Join our adult beginners session at Manchester Aquatics Centre. You will learn the rules and basic skills.

Eggbeater, throwing and catching the ball, swimming with the ball, shooting and defence.

Basic swimming is required all other things will be taught by our qualified international coaches.

Monday 21.00-22.00

Manchester Aquatics Centre

2 Booth St East

Manchester M13 9SS

Contact Email: comwpc@hotmail.co.uk

Web: manchesterwaterpoloclub.co.uk



Two new sessions

We are running a Adult beginners session on Monday night 21.00 - 22.00 at Manchester Aquatics centre. If you know anyone who has basic swimming and wants to learn the skills of water polo please ask them to get in touch.

The POLO BEARS session is at East Manchester on Monday from 18.00 - 19.00 and from January 16.45 - 17.45 at MAC and is aimed at building water confidence through water polo.



XMAS PROGRAMME

Sunday 10 December****

Additional session due to Assistant Coaching Course at Beswick please support ****

17:00 - 18:00 Tuesday Skill Development group

17:00 - 18:30 Boys 2002+ Girls 2001+

w/c Monday 11 December

Normal sessions Monday - Friday

w/c Monday 18 December

Monday 18 Dec MAC cancelled Joint session at Beswick 19:00 - 20:30

Tuesday 19 Dec MAC normal sessions 17:45 - 22:00

Wednesday 20 Dec MAC normal session 19:00 - 20:30

Thursday 21 Dec MAC combined men & wom session 19:30 - 21:00 Beswick no session

Friday 22 Dec Beswick normal 06:30 - 08:00 no evening sessions

w/c Monday 25 December

Monday 25 Dec Xmas Day

Tuesday 26 Dec Boxing Day

Wednesday 27 Dec MAC 16:30 - 18:00 all welcome

Thursday 28 Dec No sessions Beswick or MAC

Friday 29 Dec Beswick no sessions MAC 09:00 - 10:30 all welcome

w/c Monday 1 January

Monday 1 Jan New Years Day

Tuesday 2 Jan Normal training resumes

Important Notice

Following a meeting with the Manager at MAC we have been asked to highlight an issue with litter on the poolside around the diving pool, particularly half eaten food.

The pool staff regularly have to clean out the undercroft in the basement as the air vents have been lifted up and rubbish is down there.

Whilst understanding the need to have snacks and drinks available for during and after sessions the pool staff are requesting that individuals dispose of their rubbish either in the bins provided or take it home with them which is I feel is not too much to ask. The request has been made of all regular users, not just us.

Lets make an effort and be proud of the facilities we use and look after them

For Boy's and Girl's age 7-11



NEW!

POLO BEARS

Love Swimming? then try Mini Polo

- ◆ Learn new skills and teamwork
- ◆ Develop water confidence

Have lots of Fun

Details East Manchester Leisure Centre
Mondays 6pm-7pm
Email comwpc@hotmail.co.uk
Web manchesterwaterclub.co.uk



The next Newsletter will be in January if you have anything you want to include regarding The City of Manchester Water Polo Club or water polo in general please email to comwpc@hotmail.co.uk.